

Knight In Blue Jeans

COPPER **KNOB**
BY STEPHEN

拍数: 32 墙数: 4 级数: Intermediate
编舞者: Chris Cleevely (UK) - July 2009
音乐: Knight in Blue Jean Armor - L J Coon : (Album: Livin' In The Country)



Alternative track: "Dancing In The Street" by Martha & The Vandellas. (124bpm) 16 count intro. Album – "Motown 50".

32 Count intro.

Right Forward Rock, Recover; Right Rock Ball Step; Left Forward Rock, Recover; Left Rock Ball Step

1 - 2 Rock forward on right, recover weight on left
3 & 4 Rock forward on right, recover on ball of left & step forward on right
5 - 6 Rock forward on left, recover weight on right
7 & 8 Rock forward on left, recover on ball of right & step forward on left

Cross, Step Back; Right Coaster Step; 2 x Prissy Walks; Modified Rock Step

9 - 10 Cross right over left, step back on left
11 & 12 Step back on right, step left beside right & step forward on right
13 - 14 Step forward left, step forward right
15 - 16 Rock forward on left, recover weight on right & lift left slightly off the ground

Syncopated Jazz Box, Hold & Clap; ½ Turn Right; Left Shuffle Forward (or Full Turn Right)

17 - 18 Cross left over right, step back on right
&19 - 20 Change weight to left foot & cross right over left, hold & clap
21 - 22 Step forward on left and pivot ½ turn right (6.00 o'clock)
23 & 24 Shuffle forwards stepping left/right/left (or full turn over right shoulder)

Hip Bump right/lefts; Hip Bumps right/left/right; Left ¼ Turning Syncopated Jazz Box

25 - 26 Bump hips to the right side, bump hips to the left side
27 & 28 Bump hips right/left/right
29 - 30 Cross left over right, step back on right
& 31 - 32 Making ¼ turn left change weight to left foot, cross right over left & step left to left side (3.00 o'clock)

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