Cumbia Semana



拍数: 48 墙数: 1 级数: High Beginner

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Part I. (R Rocking Chair, R Side Mambo Step; L Rocking Chair, L Side Mambo Step)

1&2& Step forward on R, recover back on L, Step back on R, recover forward on L

3&4 Step R to R, Recover L on L, Step close R to L, hold 5&6&7&8 Repeat Part I. (1-4) with opposite footwork and direction.

9-16 Repeat Part I. (1-8).

Part II. (Side, together, ½ turn R; Side, together, side, touch; Paddle turn to L w/R to face forward again)

1&2& Step R to R, Step close L to R, make ½ turn R on R, hold

3&4& Step L to L, Step close R to L, Step L to L, hold

5&6&7&8 Step on R, make 1/8 turn L on L, Step on R, make 1/8 turn L on L, Step on R, make 1/8 turn

L on L, Step on R, make 1/8 turn L on L

9-16 Repeat Part II. (1-8) with opposite footwork & direction.

Part III. (Double Rocking Chair diagonally to the L corner; Double Rocking Chair diagonally to the R corner; Cross, Cross, Back, Together; Cross, Back, Together)

1&2& (Facing L forward corner) Step forward on R, recover back on L, Step back on R, recover

forward on L

3&4 Step forward on R, recover back on L, step R to R (to face R forward corner)

5&6&7&8 Repeat Part III. (1-4) with L foot.

9-12 Step forward on R, Step L across R, Step back on R, Step L to L.

13-16 Repeat Part III. (9-12).

REPEAT DANCE.

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