

# Ave Maria

**COPPER** KNOB  
STEPSHEETS

拍数: 32      墙数: 4      级数: Intermediate  
编舞者: Shaz Walton (UK) - August 2009  
音乐: Ave Maria - Beyoncé



**Intro: Start on Vocals, 16 Counts**

**Walk. Walk. Together. Rock. Recover. Back. Back. ¼ Cross. ¼ Back. ¼ Rock Recover.**

- 1-2&      Walk forward right. Walk forward left. Step right beside left.
- 3-4      Rock forward left. Recover on right.
- 5&6      Step back left. Step back right. Cross left over right making ¼ left.
- &7-8      Make ¼ left stepping back right. Make ¼ left rocking left to left side. Recover on right.

**Step. X2 Slow Full Turns Right (Slow Pirouette). Sway. Recover. Step. ¼ Lunge. Drag**

- &1-2      Step left beside right. Step right ¼ right. On ball of right make ¾ right stepping left beside right.

**(Bring left leg into figure 4 if possible)**

- 3-4      Step right ¼ right. On ball of right make ¾ right stepping left beside right.

**(Bring left leg into figure 4 if possible)**

- 5-6      step right to right & sway to right. Recover on left.
- &7-8      Step right beside left. Make ¼ left as you lunge onto left. Drag right up in line with left to resume standing position (weight remains on left)

**Step/Kick. Run. Run. Step/Kick. Run. Run. Rock. Recover. Syncopated Full Turn Right.**

- 1-2&      Step right down as you low kick left. Take a small step forward left. Step right beside left.
- 3-4&      Step down on left as you low kick right. Take a small step forward right. Step left beside right.  
**(these steps are smooth & elegant- try turning your upper body towards the raised leg- keep supporting leg bent)**

- 5-6      Rock forward right. Recover on left.
- &7&8      Make a full turn right stepping R-L-R ending with left stepped to left side on count 8

**the above section is to be used for the 2 tags following 2nd & 4th walls**

**Step/Sweep. Behind. Side. ¼. Behind. Side. Cross/Sweep. Cross. Side. Behind. ¼. ¾**

- 1-2&      Step right slightly behind left and sweep left from front to back. Step left behind right. Step right to right.
- 3-4&      Make ¼ right stepping left to left side. Cross step right behind left. Step left to left.
- 5-6&      Cross right over left as you sweep left from back to front. Cross step left over right. Step right to right.
- 7-8&      Cross step left behind right. Make ¼ right stepping right forward. On ball of right make ¾ turn right – weight must end on left.

**TAG: at the END of 2nd wall (back wall) & 4th wall (front wall), Repeat section 3 of the dance & begin again from the beginning.**

**Step/Kick. Run. Run. Step/Kick. Run. Run. Rock. Recover. Syncopated Full Turn Right.**

- 1-2&      Step right down as you low kick left. Take a small step forward left. Step right beside left.
- 3-4&      Step down on left as you low kick right. Take a small step forward right. Step left beside right.  
**(these steps are smooth & elegant- try turning your upper body towards the raised leg- keep supporting leg bent)**
- 5-6      Rock forward right. Recover on left.
- &7&8      Make a full turn right stepping R-L-R ending with left stepped to left side on count 8

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