Ain't Worth Missing

拍数: 32

级数: Improver

编舞者: Pete Harkness (UK) - August 2009

音乐: He Ain't Worth Missing - Toby Keith

32 count intro

Side, Rock, Recover, Shuffle, Rock, Recover, Shuffle 1/2 Turn

- 1-3 Step left to side, rock right back, recover to left
- 4&5-7 Shuffle forward right, left, right, rock left forward, recover to right
- 8&1 Turn ¹/₂ left shuffling left, right, left (6:00)

Step, ¼ Turn, Cross Shuffle, ¼ Turn, ½ Turn, Step, ¼ Turn

- Step right forward, turn 1/4 left (weight to left), cross right over left, step left to side, cross right 2-4&5 over left
- 6-1 Turn $\frac{1}{4}$ right and step left back, turn $\frac{1}{2}$ right and step right forward, step left forward, turn $\frac{1}{4}$ right (weight to right)

Cross Shuffle, ¼ Turn, ½ Turn, Step, ¼ Turn

- 2&3-4 Cross left over right, step right to side, cross left over right, turn 1/4 left and step right back
- 5-7 Turn ¹/₂ left and step left forward, step right forward, turn ¹/₄ left (weight to left)
- 8&1 Cross right over left, step left to side, cross right over left (3:00)

Rock, Recover, Sailor Step, Sailor 1/2 Turn, Side, Together

- 2-4&5 Rock left to side, recover to right, cross left behind right, step right to side, step left in place
- 6&7 Turn ¹/₂ right as you sailor step right, left, right (now facing 9:00)
- 8& Step left to side, step right together

Repeat





墙数: 4