The Boom Boom Dance



编舞者: Jo Kinser (UK) & John Kinser (UK) - August 2009

音乐: The Boom Boom Dance - Chitlins: (Album: The Boom Boom Dance - EP. 3:40)



BPM: 98 - Start on the chorus 32 counts in.

Sequence: C-32, V-64, C-32, V-64, C-32, V-32, C-32, C-32.

CHORUS - 32 Counts

(1-8) Kick, Touch, Kick & Touch, Step, Kick, Pop & Pop &

1,2 1,2 Kick Rt Foot Fwd, Touch Rt Foot Back

3,4 3&4 Kick Rt Foot Fwd, Step Rt next to Lt, Touch Lt Foot Back

5,6 Step Lt Fwd, Kick Rt Fwd

7&8& Touch Rt back, Pop Rt knee fwd, Pop Rt knee back, Pop Rt knee fwd (weight Lt)

(9-16) Walk, Walk, Twisting 1/2 Turn, Step, Jazz Box

1,2 Step Rt Fwd, Step Lt Fwd

3&4&5 Touch Rt Fwd Swiveling Heels Rt (Complete 1/2 turn Lt starting on 3 ending on 5) Swivel

Heels Lt, Rt, Lt, Rt Weight ends on Rt

6 Step Lt Fwd

7&8& Step Rt over Lt, Step Lt Back, Step Rt to Rt, Step Lt Fwd (facing 6 o'clock).

17-32 Repeat Counts 1-16. (Your end facing 12 o'clock).

VERSE – 64 Counts

(1-8) Kick, Together, Mambo Side, Funky Walks

1,2 1,2 Kick Rt Fwd, Step Rt next to Lt

3,4 3&4 Rock Lt to Lt, Replace Weight Rt, Step Lt Next to Rt

5,6 Step Rt Fwd, Step Lt Fwd bending the knee and dipping as you walk (Funky)
7,8 Step Rt Fwd, Step Lt Fwd bending the knee and dipping as you walk (Funky)

(9-16) Rock & Cross, Turn & Cross, Side Behind, Rock & Touch

1&2 Make 1/4 turn Lt rocking Rt to Rt, Recover Weight Lt, Step Rt over Lt

3&4 Make 1/4 turn Rt Stepping Lt back, Make 1/4 turn Rt Stepping Rt to Rt, Step Lt over Rt

5,6 Step Rt to Rt, Step Lt Behind Rt

7&8 Rock Rt to Rt, Replace weight Lt, Touch Rt next to Lt

(17-24) Step Full Turn, C Bumps, Charleston Steps

1&2 Step Rt Fwd, Make ½ turn Lt, Make ½ turn Lt touching Rt next to Lt

3&4 Bump Rt Hip Up & Down

5,6 Touch Rt Fwd, Step Rt Back (Charleston swing)7,8 Touch Lt Back, Step Lt Fwd (Charleston swing)

(25-32) Out, Out, Back, Back, 1/2 Turn Lt, Full Turn Rt

1,2 Step Rt to Fwd Rt Diagonal, Step Lt to Fwd Lt Diagonal

3,4 Walk Back Rt, Lt

5&6 Step Rt Back, Make 1/2 turn Lt Stepping Lt Fwd, Step Rt Fwd (Prep Rt)

7&8 Make 1/2 turn Rt Stepping Lt Back, Make 1/2 turn Rt Stepping Rt Fwd, Step Lt Fwd

(33-64) Repeat Counts 1-32

Finish Ending: Your be facing 9 o'clock, as you do the Jazz Box make ¼ turn to the front stepping Lt to Lt Raising both hands up and out to the sides.

HAVE FUN!!

Email: jo@jjkdancin.com Website: www.jjkdancin.com