

# She Wolf

**COPPER** KNOB  
STEPPERS

拍数: 32      墙数: 4      级数: Intermediate  
编舞者: Jo Kinser (UK), John Kinser (UK) & Mark Furnell (UK) - September 2009  
音乐: She Wolf - Shakira : (Single: She Wolf)



Start 32 counts in.

## (1-8) Rock Step, Step Lock Back, ½ Turn, Hold, & Back & Back

1,2      Rock Rt Fwd, Replace Weight on Lt  
3&4      Step Rt back, Lock Lt over Rt, Step Rt Back  
&5,6      Make 1/2 Turn Lt stepping Lt in place, Step Rt to Rt (weight even), Hold  
&7      Step Rt Back, Step Lt to Lt  
&8      Step Rt Back, Step Lt to Lt

## (9-16) Rock Back, Walk Fwd, ¼ Rock & Cross, ¼ Turn

1,2      Rock Rt back, Replace Weight on Lt  
3,4      Walk Fwd Rt, Lt  
5&6      Make ¼ Turn Lt Rocking Rt to Rt, Replace weight Lt, Step Rt over Lt  
7,8      Make ¼ Turn Rt stepping back Lt, Make ¼ Turn Rt stepping Rt to Rt

Restart Here. Note on Count 8 Touch Rt in place.

## (17-24) Cross Rock, Chasse Step, Cross ¼, Coaster Step

1,2      Rock Lt over Rt, Replace weight Rt  
3&4      Step Lt to Lt, Step Rt next to Lt, Step Lt to Lt  
5,6      Cross Rt over Lt, Make ¼ Turn Rt stepping back Lt  
7&8      Step Rt back, Step Lt next to Rt, Step Rt Fwd (Prep for Turn)

## (25-32) Full Turn, ¾ Turn, Rock & Step, & Pop & Pop

1,2      Make ½ Turn Rt stepping back Lt, Make ½ Turn Rt stepping Fwd Rt  
3&4      Step Lt fwd, Make ½ Turn Rt (weight Rt), Make ¼ Turn Rt stepping Lt to Lt  
5&6      Rock Rt back, Replace weight Lt, Step Rt to Rt  
&7&8      Pop Knees Fwd, Replace weight central, Pop Knees Fwd, Replace weight Lt

Restart: After the 4th Rotation, Dance 16 Counts and Start Again Facing 9 o'clock.

HAVE FUN !!

Co-choreographers: (08.09)

Jo & John Kinser Email: [jo@jjkdancin.com](mailto:jo@jjkdancin.com) Website: [www.jjkdancin.com](http://www.jjkdancin.com)

Mark Furnell Email: [marksfurnell@yahoo.co.uk](mailto:marksfurnell@yahoo.co.uk) Website: [www.freewebs.com/markfurnell](http://www.freewebs.com/markfurnell)