Blessed By A Moment



拍数: 48 编数: 4 级数: Intermediate 编舞者: Steve Rutter (UK) & Claire Butterworth (UK) - September 2009

音乐: Bare - Beverley Knight: (Album: 100%)



(12 Count Intro' - Starting On Vocals).

Section 1 - Cross	Pondo Cros	e Hingo 1/2 Turr	a Diaht Cross	Panda Waaya
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1-3 Cross left over right, ronde right around from back to front over 2 counts.

4-6 Cross right over left, step left to left side, make a half turn right stepping right ro right side.

7-9 Cross left over right, ronde right around from back to front over 2 counts.
10-12 Cross right over left, step left to left side, cross right behind left. (6 o'clock)

Section 2 - Side Rock, Cross Behind, 1 1/4 Turn Right, Forward Rock, 1/2 Turn Left, Step Forward, Ronde.

1-3 Rock left to let side, recover weight onto right, cross left behind right.

4-6 Make a quarter turn right stepping forward onto right, make a half turn right stepping back

onto left, make a half turn right stepping forward onto right.

7-9 Rock forward on left, recover weight back onto right, make a half turn left stepping forward on

left.

10-12 Step forward on right, ronde left around from back to front. (3 o'clock)

Section 3 – Cross, Hinge ½ Turn Left, Forward Rock, ½ Turn Right, Step Forward, Pivot ½ Turn Right, ½ Turn Right, Back Rock, Step Forward.

1-3 Cross left over right, step right to right side, make a half turn left stepping left to left side.

4-6 Rock forward on right, recover weight onto left, make a half turn right stepping forward onto

right.

7-9 Step forward on left, pivot a half turn right, make a further half turn right stepping back onto

left.

10-12 Rock back on right, recover weight forward onto left, step right forward. (3 o'clock)

Restarts: Restart Here When Dancing Walls 3 & 6.

Section 4 – Left & Right Twinkles, Weave, Side Step, Drag, Toe Touch.

1-3 Cross left over right, step right to right side, step left beside right.
4-6 Cross right over left, step left to left side, step right beside left.
7-9 Cross left over right, Step right to right side, cross left behind right.

10-12 Step right a large step to right side, drag left up to right, touch left toe beside right. (3 o'clock)

Restarts

Wall 3- Dance 40 Counts only of the dance and restart (facing 9 o'clock)

Wall 6 - Dance 40 Counts only of the dance and restart (facing 6 o'clock)

Begin Again & Enjoy!

Alternative Music: "What If I Say Goodbye" by Vince Gill & Emmylou Harris (116 B.P.M) from "Vintage Gill" album (12 Count Intro' – Starting On Vocals).

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