Your Disco Needs You

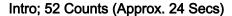


拍数: 64 墙数: 2 级数: Intermediate

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音乐: Your Disco Needs You (Casino Radio & Club Remix) - Kylie Minogue: (CD: Your

Disco Needs You, Single - 3:39)



SIDE, SLIDE. BALL, CROSS. CHASSE LEFT. SLIDE, BALL, CROSS. SIDE, TOGETHER.

1-2 Step right to the right, slide left up to right. (Weight stays on right)

&3 Step slightly back with left, cross step right over left.

4&5 Step left to the left, close right up to left, step left to the left.

6&7 Slide right up to left, step slightly back with right, cross step left over right.

8& Step right to the right, close left up to right.

(12 o'clock)

OUT, OUT. COASTER STEP. X2

Step forward and out with right, step forward and out with left.
Step back with right, step left next to right, step forward with right.
Step forward and out with left, step forward and out with right.
Step back with left, step right next to left, step forward with left.

(12 o'clock)

HIP BUMPS 1/4 TURN L. HIP BUMPS. HIP ROLL 1/4 TURN L.

1&2 Make a ¼ turn left stepping right to the right bumping hips; right, left, right.

3&4 Bump hips; left, right, left.

5-6-7-8 Make a ¼ turn left rolling hips anticlockwise twice. (Weight onto left)

(6 o'clock)

ROCK FORWARD, RECOVER. TRIPLE FULL TURN or COASTER STEP. X2

1-2 Rock forward with right, recover onto left.

3&4 Make a full turn right (on the spot) stepping; right, left, right. (OR Right Coaster Step)

5-6 Rock forward with left, recover onto right.

7&8 Make a full turn left (on the spot) stepping; left, right, left. (OR Left Coaster Step)

(6 o'clock)

WALK, WALK. KICK, BALL, CROSS. BACK STEP ¼ TURN L, SIDE, CROSS. BACK STEP ¼ TURN R, STEP ½ TURN R.

1-2 Walk forward; right, left.

3&4 Kick right foot forward, step right next to left, cross step left over right.

5&6 Make a ¼ turn left stepping back with right, step left to the left, cross step right over left.

7-8 Make a $\frac{3}{4}$ turn right stepping; back with left ($\frac{1}{4}$), forward with right ($\frac{1}{2}$).

"Tagart" (Tag/Restart) On Wall 5, replace Count 8 with the following and start the dance again.

8 Make a ½ turn right sweeping right foot round either on the floor or slightly raised off the floor. (12 o'clock)

WALK, WALK. KICK, BALL, CROSS. BACK STEP $\frac{1}{4}$ TURN R, SIDE, CROSS. BACK STEP $\frac{1}{4}$ TURN L.

1-2 Walk forward; left, right.

3&4 Kick left foot forward, step left next to right, cross step right over left.

5&6 Make a ¼ turn right stepping back with left, step right to the right, cross step left over right.

7-8 Make a $\frac{3}{4}$ turn left stepping; back with right ($\frac{1}{4}$), forward with left ($\frac{1}{2}$).

(6 o'clock)

SIDE, TOUCH TOGETHER. X4 (with ACTIONS)

1-2-3-4 Step right to the right, touch left behind right, step left to the left, touch right behind left.

5-6-7-8 Repeat Counts 1-2-3-4 of this Section.

Actions On Counts 1-4, click fingers of both hands up in air towards 10:30 (1),

click down towards right hip (2), click in air towards 1:30 (3), click down towards left hip (4).

On Counts 5-8, shimmy your shoulders with the Count of 5&6, 7&8.

Restarts On Walls 1 & 3, restart the dance after Count 4 of this Section (facing 6 o'clock).

(6 o'clock)

FULL TURN ROLLING VINE with JUMP TOUCH. X2

1-2-3-4 Make a full turn right stepping; forward with right (1/4), back with left (1/2), side with right (1/4),

jump both feet together touching left next to right.

5-6-7-8 Make a full turn left stepping; forward with left (1/4), back with right (1/2), side with left (1/4), jump

both feet together touching right next to left.

(6 o'clock)

End of Dance. Start again and Enjoy!

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