

Starting Point

拍数: 32 墙数: 2 级数: Beginner
编舞者: Sue Marshall (UK) - October 2009
音乐: Get Into Reggae Cowboy - The Bellamy Brothers



TEACH TO: 'SHIPWRECKED' by Sunshine Cowboys on Line Dance Fever 6 (93 BPM)
Alt.: 'BROWN EYED GIRL' by The Cheap Seats on Line Dance Fever 6 (104 BPM)
Also: 'HONEY HUSH' by Scooter Lee on CD 'The Best of Scooter Lee'
OR: 'HOG WILD' by Hank Williams Jnr

RIGHT POINTS OUT-IN, HEEL DIG, STEP LEFT POINTS OUT-IN, HEEL DIG, STEP

- 1 Point R toe to right side
- 2 Touch R toe next to L instep
- 3 Dig R heel forward
- 4 Step down on R foot next to L foot
- 5 Point L toe to left side
- 6 Touch L toe next to R instep
- 7 Dig L heel forward
- 8 Step down on L foot next to R foot

2 x WALKS FORWARD, ROCK FORWARD, RECOVER, 2 x WALKS BACK, ROCK BACK, RECOVER

- 1 Step forward on R
- 2 Step forward on L
- 3 Rock weight forward onto R pushing R hip forward
- 4 Recover weight back onto L
- 5 Step back on R
- 6 Step back on L
- 7 Rock weight back onto R pushing R hip back
- 8 Recover weight forward onto L

2 x SIDE-CLOSE, SIDE SHUFFLE

- 1 Step R to right side
- 2 Step L beside R
- 3&4 Step R to right side, step L next to R, step R to right side

Alternative steps for Absolute Beginner on counts 3,4

- 3,4 Step R to right side, touch L toe beside R foot

- 5 Step L to left side
- 6 Step R beside L
- 7&8 Step L to left side, step R next to L, step L to left side

Alternative steps for Absolute Beginner on counts 7,8

- 7,8 Step L to left side, touch R toe beside L foot

WALK HALF TURN LEFT, RIGHT CHARLESTON STEP

- 1,2,3,4 Walk half turn semi-circle to left stepping R,L,R,L (6 o'clock)
- 5 Kick R foot forward
- 6 Step back on R
- 7 Point L toe back
- 8 Step forward on L

Alternative for Absolute Beginner RIGHT ROCKING CHAIR as below-

- 5 Rock weight forward onto R

- 6 Recover weight back onto L
- 7 Rock weight back onto R
- 8 Recover weight forward onto L

START AGAIN and SMILE!
