

SPARTACUS rev1

COPPERKNOB
STEPSHEETS

拍数: 64 墙数: 2 级数: Intermediate / Advanced
编舞者: Adrian Churm (UK) & John "Growler" Rowell (UK) - October 2009
音乐: Disco Volante - Fredrik Kempe : (Album: Boheme)



Intro: 32 counts / 18 secs (Main Vocals), 132 BPM

Numbers in square brackets [] indicate facing wall and turn rotation. Start facing [12]

Sec 1: Right, left behind & heel & cross. Left, right behind & heel & cross

- 1-2& (1)Step right to right, (2)cross left behind, (&)step right to right [12]
- 3&4 (3)Tap left heel to left diagonal, (&)Step left next to right, (4)cross right in front of left [12]
- 5-6& (5)Step left to left, (6)cross right behind, (&)step left to left [12]
- 7&8 (7)Tap right heel to right diagonal, (&)step right next to left, (8)cross left in front of right [12]

Sec 2: Right, left behind & rock recover. One and a quarter triple turn, Rock recover

- 1-2& (1)Step right to right, (2)cross left behind right, (&)step right to right [12]
- 3-4 (3)Cross rock left over right, (4)recover on right [12]
- 5&6 (5)Step left quarter turn left, (&)half turn left stepping back on right, (6)half turn left stepping forward left [CCW, 9]
- 7-8 (7)Rock forward on right, (8)recover on left [9]

Sec 3: Half right, forward left. Syncopated rocks, Left back lock step

- 1-2 (1)Half turn right stepping right forward, (2)step left forward [3]
- 3-4& (3)Rock forward on right, (4)recover on left, (&)step back on right [3]
- 5-6 (5)Rock forward on left, (6)recover on right [3]
- 7&8 (7)Step back on left, (&)lock right across left, (8)step back on left [3]

Sec 4: Point back - half turn, Step forward - half turn, Heel tap – heel tap, Out - out

- 1-2 (1)Point right toe back, (2)half turn right stepping forward onto right [CW, 9]
 - 3-4 (3)Step left forward, (4)pivot half turn right [CW, 3]
 - 5&6 (5)Step left forward tapping heel (&)raise heel, (6)tap left heel [3]
- On walls 1 and 3 place both hands over heart and pump in time with the heel taps**
- 7-8 (7)Step right slightly right, (8)step left slightly left [3]

Sec 5: Cross rock – recover, Three quarter triple turn, Rock – recover, Coaster cross

- 1-2 (1)Cross rock right over left, (2)recover on left [3]
- 3&4 (3)Step right quarter right, (&)step left quarter right, (4)step right quarter right [CW, 12]
- 5-6 (5)Rock forward on left, (6)recover right [12]
- 7&8 (7)Step back on left, (&)step right next to left, (8)cross left over right [12]

Sec 6: Two modified Monterey half turns

- 1-2 (1)Point right to right, (2)half turn right stepping right next to left [6]
- 3&4 (3)Rock left to left, (&)recover on right, (4)cross left over right [6]
- 5-6 (5)Point right to right, (6)half turn right stepping right next to left [12]
- 7&8 (7)Rock left to left, (&)recover on right, (8)cross left over right [12]

Sec 7: Step right – Hold, Sailor quarter turn left, Two step full turn, Step - turn - step

- 1-2 (1)Step right to right, (2)hold [12]
- 3&4 (3)Step left behind right turning quarter left, (&)step right slightly right, (4)step left slightly forward [CCW, 9]
- 5-6 (5)Half turn left stepping back on right, (6)half turn left stepping forward on left [CCW, 9]
- 7&8 (7)Step right forward, (&)pivot half turn left, (8)step right forward [CCW, 3]

Sec 8: Left Dorothy step, Right Dorothy step, Step – Quarter pivot, Crossing shuffle

- 1-2& (1)Step left forward on left diagonal, (2)lock right behind left (&)step left forward on left diagonal [3]
3-4& (3)Step right forward on right diagonal, (4)lock left behind right, (&)step right forward on right diagonal [3]
5-6 (5)Step left forward, (6)pivot quarter turn right [CW, 6]
7&8 (7)Cross left over right, (&)step right to right, (8)cross left over right [6]

Choreographers notes:

During wall 5 the music slows down – dance at normal tempo up to count 1, section 4.(Point right toe back)
Counts 1-8 at slow speed and then pick up the tempo on count 1, section 5 (Cross rock)

The music is based on a theme from Khachaturian's ballet – Spartacus, hence the name
It was used for the BBC's TV series – "The Onedin Line"

Choreographers :

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