

Can't Take It Anymore

COPPER KNOB
STEPSHEETS

拍数: 32 墙数: 4 级数: Intermediate
编舞者: Peth Colida - November 2009
音乐: Till I Can't Take It Anymore - Billy Joe Royal : (CD: Tell It Like It Is)



Intro: 16 counts. Start on vocals - CW-direction

Section 1: Cross Step, Side-Behind-Side, Cross Rock, Recover, 1/4 Turn Left, 1/2 Turn Left, 1/2 Turn Left, Step Forward, Pivot 1/2 Turn Left, Step Forward

- 1 Cross step left over right
- 2 & 3 Step right to right side, cross left behind right, step right to right side
- 4 & 5 Cross rock left over right, recover onto right, 1/4 turn left on left [09:00]
- 6 - 7 1/2 turn left and right step back, 1/2 turn left and left step forward
- 8 & 1 Step forward on right, pivot 1/2 turn left, step forward on right [03:00]

Section 2: Lock Step Fwd, Rock Fwd, Recover, 1/2 Turn Right, 1/4 Turn Right, Toe Touch, Step Back, Heel Touch Forward, Together, Side Toe Touch

- 2 & 3 Step forward on left, lock right behind left, step forward on left
- 4 & 5 Rock forward on right, recover onto left, 1/2 turn right on right [09:00]
- 6 - 7 1/4 turn right and left step to side, touch right toe next to left [12:00]
- & 8 Step right back, touch left heel forward
- & 1 Step left next to right, touch right toe to right side

Section 3: Cross Rock, Recover, Side Step, Cross Rock, Recover, Side Step, Cross Step, 1/4 Turn right, Coaster Step

- 2 & 3 Cross right over left, recover onto left, step right to right side
- 4 & 5 Cross rock left over right, recover onto right, step left to left side
- 6 - 7 Cross step right over left, 1/4 turn right and left step back [03:00]
- 8 & 1 Step back on right, step left next to right, step forward on right

Section 4: Step Forward, Pivot 1/2 Turn Right, Shuffle 1/2 Turn Right, Coaster Cross, Side Rock, Recover

- 2 - 3 Step forward on left, pivot 1/2 turn right [09:00]
- 4 & 5 1/4 turn right on left, step right next to left, 1/4 turn right on left [03:00]
- 6 & 7 Step back on right, step left next to right, cross step right over left
- 8 & Rock left to left side, recover onto right

Begin again.

The last time the dance starts at the front wall (12:00)

Dance including count 27 (section 4 count 3) and do then:

1/4 turn right on left, step right next to left (the end to front wall)