

Meet Me Halfway

拍数: 64 墙数: 4 级数: Intermediate
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音乐: Meet Me Halfway - Black Eyed Peas : (UK Single Edit- itunes - 3:46)



Start on ...'Cool'

Cross. Side rock. Recover. Together. Cross Rock. Recover. Cross rock. Hitch.

- 1-2 Cross step right over left. Rock left to left.
- 3-4 Recover on right. Step left beside right.
- 5-6 Cross rock right over left. Recover on left.
- 7-8 Cross rock right over left. Hitch left knee. (Use Hips on counts 5-6-7)

Step. Hitch. ¼ hitch. Step. Together. Cross. ¼. ½

- 1-2 Step left forward. Hitch right knee.
- 3-4 Make ¼ right as you hitch right again. Step right to right.
- 5-6 Step left beside right. Cross step right over left.
- 7-8 Make ¼ right stepping back left. Make ½ right stepping right forward.

Side. Drag. Ball. Cross. Side. Heel ¼. Hold. Ball forward. ¾ spiral.

- 1-2 Step left big step left. Drag right to left.
- &3-4 Step right beside left. Cross left over right. Step right to right side.
- 5-6 Make ¼ left bending right knee & digging left heel forward. HOLD
- &7-8 Step left beside right. Step right forward. Make ¾ turn left on ball of right.

Dip. Recover. ½. Cross. Unwind ½ . Cross. Touch. Sit.

- 1-2 Step left to left as you bend both knees. Straighten up as you make ½ left on ball of right.
- 3-4 Step left to left. Cross right over left.
- 5-6 Unwind ½ turn left. Cross right over left.
- 7-8 Touch Left to left. Sit over left hip. (weight left)

Touch. Side/dip. ¼ touch. Side. ¼ touch. ¼ back. Together.

- 1-2 Touch right beside left. Step/dip right to right side.
- 3-4 Make a ¼ left touching left beside right. Step/dip left to left side.
- 5-6 Touch right beside left making a ¼ left. Step right to right.
- 7-8 Make ¼ left Stepping back left. Step back right.

Forward. Touch. Ball step. Touch. Back. Back. Out. Out. Slide up.

- 1-2 Take a big step forward left. Touch right beside left.
- &3-4 Step slightly back with right. Step forward left. Touch right beside left.
- 5-6 Step back right. Step back left.
- &7-8 Step right to right. Step left to left. (Bend knees on counts &7) With weight evenly placed, slide both feet together to resume standing position

Side. Hold. Extended shuffle. Cross. Full turn. Side. Behind. Side. Cross.

- 1-2 Step right to right. HOLD
- &3&4 Step left beside right. Step right to right side. Step left beside right. Step right to right side. (HIPS!!)
- 5-6 Cross left over right. Unwind a full turn right. (weight right)
- 7 Step left to left side.
- 8&1 Cross right behind left. Step left to left. Cross right over left.

Hold. Side cross. $\frac{1}{4}$. Rock. Recover. $\frac{3}{4}$. Walk x2.

2 Hold.

&3-4 Step left to left side. Cross right over left. Step forward $\frac{1}{4}$ left.

5-6 Rock right forward. Recover on left.

7-8 Make $\frac{3}{4}$ turn right stepping right forward. Step left beside right.

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