

# Hands Up Baby Hands Up!

**COPPER** KNOB  
STEPSHEETS

拍数: 48      墙数: 4      级数: Improver / Intermediate  
编舞者: Louise Elfvengren (NOR) - January 2010  
音乐: Hands Up - Ottawan



Start at vocals "Hands up"

## Section 1

### ROCK FW REC. SHUFFLE BW, ROCK BW REC. SHUFFLE FW

- 1-2      Rock right forward, recover onto left.
- 3&4      Step right back, step left beside right, step right back.
- 5-6      Rock back on left, recover onto right.
- 7&8      Step left forward, step right beside left, step left forward

## Section 2

### STEP TURN ½ LEFT, SHUFFLE FW, WALK BW, COASTER STEP

- 1-2      Step right forward, turn ½ left stepping forward on left.
- 3&4      Step forward on right, step left beside right, step forward on right.
- 5-6      Walk back left, right.
- 7&8      Step left back, step right next to left, step forward on left.

## Section 3

### WALK x 2, LOCK STEP, STEP, TURN ¼ RIGHT WITH FLICK, KICK BALL CHANGE

- 1-2      Walk forward right, left.
- 3&4      Step forward right, lock left behind, step forward on right.
- 5-6      Step forward left, turn ¼ right kicking your right leg back and up
- 7&8      Kick right forward, step down on right, step down on left.

## Section 4

### ROCK FW, ½ TRIPLE TURN RIGHT BW, HEEL HOOK, CHASSE LEFT

- 1-2      Rock right forward, recover onto left.
- 3&4      ½ triple turn right stepping right-left-right.
- 5-6      Left heel forward, hook left foot in front of right.
- 7&8      Step left to left side, step right next to left, step left to left side.

## Section 5

### HEEL HOOK, CHASSE RIGHT, ROCK FW, COASTER STEP

- 1-2      Right heel forward, hook right foot in front of left.
- 3&4      Step right to right side, step left next to right, step right to right side.
- 5-6      Rock left forward, recover onto right.
- 7&8      Step left back, step right beside left, step forward left.

## Section 6

### ROCKING CHAIR, FULL TURN WALKING

- 1-4      Rock right forward, recover onto left, rock right back, recover onto left
- 5-8      Turn left, walking full turn right-left-right-left.