

# Follow My Emotion

**COPPER KNOB**  
STEPSHEETS

拍数: 32      墙数: 4      级数: Beginner  
编舞者: Thomas C. Tam (CAN) - February 2010  
音乐: Je ne sais quoi - Hera Björk



**Intro: 32 counts, start on lyric**

## **HEEL, HOLD, BALL, CROSS, SIDE; BEHIND, SIDE, CROSS, RECOVER**

- 1-2      Touch right heel forward facing right diagonal, hold
- &3-4      Touch R next to L, cross L over R, step R to right side
- 5-6      Step L behind R, step R to right side
- 7-8      Cross L over R, recover on R

## **SHUFFLE ¼ TURN LEFT, PIVOT ¼ TURN LEFT; LEFT WEAVE, POINT**

- 1&2      Step L to left side, step R next to L, turn ¼ left stepping L forward (9:00)
- 3-4      Step R forward, turn ¼ left with weight on L (6:00)
- 5-6      Cross R over L, step L to left side
- 7-8      Cross R behind L, point L to left side

## **FORWARD, TOUCH, ¼ TURN RIGHT, TOUCH; ¼ TURN LEFT, ½ TURN LEFT, BACK, TOUCH**

- 1-2      Step L forward, touch R next to L
- 3-4      Turn ¼ right stepping R to right side, touch L next to R (9:00)
- 5-6      Turn ¼ left stepping L forward, turn ½ left stepping R back (12:00)
- 7-8      Step L back, touch R in front of L

## **ROCKING CHAIR; JAZZ BOX ¼ TURN RIGHT**

- 1-2      Step R forward, recover on L
- 3-4      Step R back, recover on L
- 5-6      Cross R over L, turn ¼ right stepping L behind R (3:00)
- 7-8      Step R to right side, Cross R over L

**START AGAIN AND ENJOY THE DANCE!**

**ENDING: To face the front wall, dance the first 4 counts of the 11th Wall as:**

## **HEEL, HOLD, BALL, CROSS, ¼ TURN RIGHT**

- 1-2      Touch right heel forward facing right diagonal, hold
- &3-4      Touch R next to L, cross L over R, turn ¼ right stepping R forward