Once In Awhile

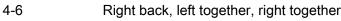
级数: Intermediate

编舞者: Jan Hanway (USA) - February 2010

音乐: If I Knew Then - Lady A : (CD: Need You Now)

墙数:2

Begin after 24 counts	
Cross, Rock, Recover; Rock, Recover, Cross	
1	Cross left over right
2-3	Rock right, recover left
4-5	Rock right, recover left
6	Cross right over left
Basic Forward \	Waltz On Left Diagonal; Basic Back Waltz
1	Step left forward on left diagonal (10:30)
2	Step right next to left
3	Step left next to right
4-6	Back right, left together, right together squaring up (12:00)
Basic Forward \	Waltz; Basic Back Waltz
1-3	Left forward, right together, left together
4-6	Right back, left together, right together
1/2 Left Turning Waltz Step; 1/4 Left Turning Waltz Step	
1	Step left forward
2-3	1/2 left turn (right, left)
4	Step right back
5-6	1/4 left turn (left, right)
Big Step, Drag, Step Right; Run, Run, Run On Right Diagonal	
1-2	Big step left, drag right next to left
3	Step on right
4-6	Facing 4:30, run left, run right, run left
• ·	Right (Square Up); Run, Run, Run
1-2	Big step right squaring up (6:00), drag left next to right
3	Step on left
4-6	Run right, run left, run right
Step, Lift, Cross	s; Basic Back Waltz
1	Step left forward
2	Swing right (low kick, not a sweep) across left as lift on left toe
3	Cross right over left as come down on left foot
4-6	Left back, right together, left together
Step Lift, Cross; Basic Back Waltz	
1	Step right forward
2	Swing left (low kick) across right as lift on right toe
3	Cross left over right as come down on right foot
16	Dight back loft together right together



Begin Again





拍数: 48

*TAG/RESTART: on wall 2. After count 39 (step, swing, cross), step left to side, right to side, touch left next to right (4,5,6).

**Near the end of the dance (wall 10) music slows to a stop. Dance through the pause.

***ENDING: You will be on 12:00 wall. Instead of 3/4 waltzing left turn, make a full left waltzing turn ending back at 12:00. Step left forward and hold.

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