Umbrella

COPPER KNOB

拍数: 32

级数: Beginner Hip Hop

编舞者: Amy Christian (USA) - March 2010

墙数:2

音乐: Umbrella (Seamus Haji & Paul Emanuel Radio Edit) (feat. J-Z) - Rihanna

Intro: 64 Count on lyrics.	
Kick, Out, Ou	it, Arm Roll, Hitch, Touch, Pull, Twist ¼
1&2	Kick R foot fwd, Step R to R side, Step L foot to L side,
3&4	Roll R arm like a wave across the chest, going left,
5-6	Hitch R knee across L knee, Touch R foot out to R side,
7	Bring hands out to R side, pulling a imaginary rope,
8	Twist ¼ turn right, lean back slightly on L foot, (Weight on L foot, R foot is touching fwd),
Step Togethe	er, Look Up, Palms Out, Together, Swivel Out, Swivel In,
1-2	Step R next to L, Look up with Palms facing upwards (Feel the rain drops),
3-4	Step fwd on R, Step L next to R,
5&6	Swivel Heels Out, Swivel Toes Out, Swivel Heels Out (Feet are apart now),
7&8	Swivel Heels In, Swivel Toes In, Swivel Heels in, (Feet are together now),
Out, Out, In,	In, Press & Slide, Press & Slide
1-4	Step Out, Out In, In,
5-6	Press the ball of R foot next to L, Slide L foot to L side,
7-8	Press the ball of R foot next to L, Slide L foot to L side,
Rocking Chai	ir, ¾ turn Walk Around,
1-4	Rocking Chair,
5-8	Turning left, ¾ Walk around, R, L, R, L,
(On counts 5	-8 pretend to hold an imaginary umbrella).
Start again!	

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