

拍数: 32

级数: Intermediate

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音乐: Work - The Saturdays

Notes: Start on vocal.

KICK & STEP, ROCK & CROSS, TOUCH, SAILOR 1/2 TURN RIGHT, LEFT-LOCK-LEFT

- 1& Kick R forward, (&) Step R Down [12]
- 2&3 Rock L to Left (&) Step R down next to L, step L across right [12]

墙数:4

- 4 Touch R toes to right [12]
- 5&6 Sailor 1/2 turn right stepping R, L, R [6]
- 7&8 Forward L, Lock, L [6]

KICK-TOUCH-1/4 TURN LEFT, COASTER CROSS, HIP SHAKES, 1/4 TURN RIGHT HIP SHAKES

- 1&2 Kick R forward, (&) Touch R toes to side (R knee is bent), Pivot 1/4 turn left taking weight on R [3]
- 3&4 Step L back, (7) Step R beside left, Step L across right [3]
- 5&6 Step R to right and bump hips R, L, R [3]
- 7&8 Make 1/4 turn right stepping L to left and bump hips L, R, L [6]
- ****Restart**** walls 2 and 5

ROCK 1/4 RIGHT, SIDE ROCK-RECOVER, CROSS SHUFFLE, 1/2 TURN RIGHT

- 1&2 Rock R forward, (&) Recover L, Make a ¹/₄ right step R to side [9]
- & 3-4 (&) Step L beside right, Rock R to side, Recover weight on L [9]
- 5&6 Step R across left, Step L to left, Step R across left [9]
- 7-8 Make 1/4 turn right stepping L back, 1/4 turn right stepping R to side [3]

CROSS-OUT-OUT, WALK FORWARD R-L, DIAGONAL STEP, TOUCH x 2

- 1&2 Step L across right, (&) Step R back to right, Step L back to left (thrust hips back) [3]
- 3-4 Walk forward stepping R, L [3]
- 5-6& Step R (long step) to forward right diagonal, Slide L to right and touch left toes beside right [3]
- 7-8& Step L (long step) to forward left diagonal, Slide R to left and touch right toes beside left [3]

REPEAT

Restarts following count 16 during walls 2 and 5.

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