Quitter



墙数: 1 拍数: 64 级数: Beginner

编舞者: Ross Brown (ENG) - March 2010

音乐: Quitter - Carrie Underwood: (CD: Play On - 3:40)



Intro: 32 Counts (Approx. 12 Secs)

SIDE, TOGETHER. SIDE, TOUCH. SIDE, TOUCH. SIDE, TOUCH.

1 – 2	Step right to the right, step left next to right.
3 – 4	Step right to the right, touch left next to right.
5 – 6	Step left to the left, touch right next to left.
7 – 8	Step right to the right, touch left next to right.

SIDE, TOGETHER. SIDE, TOUCH. SIDE, TOUCH. SIDE, TOUCH.

1 – 2	Step left to the left, step right next to left.
3 – 4	Step left to the left, touch right next to left.
5 – 6	Step right to the right, touch left next to right.
7 – 8	Step left to the left, touch right next to left.

FORWARD RUMBA BOX.

1 – 2	Step right to the right, step left next to right
3 – 4	Step forward with right, touch left next to right.
5 – 6	Step left to the left, step right next to left.
7 – 8	Step back with left, hold for 1 count.

BACKWARD RUMBA BOX.

1-2	Step right to the right, step left next to right
3-4	Step back with right, touch left next to right.
5-6	Step left to the left, step right next to left.
7-8	Step forward with left, hold for 1 count.

RESTART On Wall 4, restart the dance at this point. Listen out for the Instrumental part.

ROCKING CHAIR. STEP, LOCK, STEP. HOLD.

1 – 2	Rock forward with right, recover onto left.
3 – 4	Rock back with right, recover onto left.
5 – 6 – 7	Step forward with right, lock left behind right, step

p forward with right.

8 Hold for 1 count.

ROCKING CHAIR. STEP, LOCK, STEP, HOLD.

1 – 2	Rock forward with left, recover onto right.
3 – 4	Rock back with left, recover onto right.

5 - 6 - 7Step forward with left, lock right behind left, step forward with left.

8 Hold for 1 count.

MAMBO FORWARD, HITCH. BACK, BACK, BACK, HITCH.

1 - 2 - 3Rock forward with right, recover onto left, step back with right.

Hitch left knee up to right.

Run back; left, right, left, hitch right knee up to left. 5-6-7-8

BACK, BACK, BACK, HITCH. COASTER CROSS, HOLD.

1-2-3-4 Run back; right, left, right, hitch left knee up to right.

5 - 6 - 7Step back with left, step right next to left, cross step left over right.

8 Hold for 1 count. End of Dance. Start again and Enjoy!

ross-brown@hotmail.co.uk