Quarter After One



拍数: 56 墙数: 4 级数: Intermediate

编舞者: Levi J Hubbard (USA) - January 2010 音乐: Need You Now - Lady A: (CD: Single)



R Side Rock-Recover, Cross & Cross, ¼ Turn (R), ¼ Turn (R), Shuffle Forward

1-2	Rock right to side, recover to left
3&4	Crossing chassé right, left, right

5-6 Turn ¼ right and step left back, turn ¼ right and step right forward

7&8 Chassé forward stepping (left, right, left)

Forward Rock-Recover, 3 Steps Back, Coaster Step, Step Forward

1-2	Rock right forward, recover to left
3-4	Step right back, step left back
5-6	Step right back, step left back
&7	Step right together, step left forward

8 Step right forward

L Side Rock-Recover, Cross & Cross, 1/4 Turn (Left), 1/4 Turn (Left) Shuffle Forward

1-2	Rock left to side, recover to right
3&4	Crossing chassé left, right, left

5-6 Turn ¼ left and step right back, turn ¼ left and step left forward

7&8 Chassé forward right, left, right

Forward Rock-Recover, 3 Steps Back, Coaster Step, Step Forward

1-2	Rock left forward, recover to right
3-4	Step left back, step right back
5-6	Step left back, step right back
&7	Step left together, step right forward

8 Step left forward

Cross Rock-Recover, Side Sways, Side Shuffle (R), Cross Over, 3/4 Spiral Turn (R)

1-2	Cross/rock right over left, recover to left
3-4	Step right to side (sway), step left to side (sway)

5&6 Shuffle to side stepping (right, left, right)

7-8 Cross/touch left over right, unwind ¾ right (weight to right)

Step Lock Forward, ½ Pivot (Left), ½ Shuffle Turn (Left), Coaster Step

1&2	Locking chassé forward left, right, left
3-4	Step right forward, turn ½ left (weight to left)
5&6	Triple in place turning ½ left stepping (right, left, right)
7&8	Step left back, step right together, step left forward

Jazz Box Cross, Full Turn (Right), Side Step, Cross

1-2	Cross right over left, step left to side
3-4	Step right to side, cross left over right

5-6 Turn ¼ right and step right forward, turn ¼ right and step left to side (6:00)

7-8 Turn ½ right and step right to side, cross left over right Option: you can leave the turns out if you like and just weave to the right

Repeat

TAG: AFTER the 2nd time through ADD following then proceed to start from the beginning

- 1-2 Step right to side, touch left together (snap fingers)
- 3-4 Step left to side, touch right together (snap fingers)