Eagle



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音乐: Eagle - ABBA: (CD: More Gold)



Note: (walls 2,3,7,8 have 28 counts) walls 3&7 start 3 o'clock the others 12 or 6 o' clock

Intro: Start at vocals

Section 1

HEEL x 2, STEP TURN ½ LEFT, CHARLESTON, COASTER STEP

1&2& Put right heel forward, put right next to left, put left heel forward, put left next to right.

3-4 Step right forward, turn ½ left stepping left forward.

5-6 Sweep right out and around to touch in front of left. Sweep right out and around step down

right behind left.

7&8 Step left back, step right beside left, step left forward.

RESTART WALL 5 (12 o clock)

Section 2

DIAG.(LONG) LOCK STEP RIGHT & LEFT, ROCK REC x2, 3/4 TURN RIGHT.

Long step diag fw with right foot, lock left behind right, step right forward.

Long step diag. fw with left foot, lock right behind left, step left forward.

5-6 Rock right fw, recover onto left.

7&8 Rock right fw, recover onto left, turn backwards to the right and turn 3/4 and step down right

beside left.

Section 3

SLIDE & CROSS, LOCK STEP BW, 1/4 TURN SHUFFLE, SYNC. ROCK LEFT

1-2 Long step left with left, cross right in front of left and step down.

3&4 Step back left, lock right in front of left, step back left.

5&6 Turn ¼ right, stepping right forward, left beside right, step right forward,

7&8 Rock left to left side, recover onto right, step down on left.

Section 4

STEP 1/4 RIGHT WITH TOUCH, ROCK & CROSS, TAP x 2, STEP TURN 1/4 LEFT

1-2 Turn ¼ right stepping right forward, touch left next to right.3&4 Rock left to left, recover onto right, cross left in front of right.

RESTART WALL 2 & 3 & 7 & 8

5-6 Tap right heel down x 2

7-8 Step forward right, turn 1/4 left stepping forward left.