# Blood On The Dance Floor



拍数: 48 墙数: 4 级数: Intermediate

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音乐: Blood On the Dance Floor - Michael Jackson



#### JUMP OUT JUMP IN X2

1-2-3-4 Jump feet apart slightly forward. Jump feet back and together.5-6-7-8 Jump feet apart slightly forward. Jump feet back and together.

## RIGHT HIP BUMPS AND LEFT HIP BUMPS

1&2	Bring R foot forward. 2-Hip bumps to the R
3&4	Bring L foot forward. 2-Hip bumps to the L
5&6	Bring R foot forward. 2-Hip bumps to the R
7&8	Bring L foot forward. 2-Hip bumps the the L

### TWO 1/4 MONTEREY TURNS TO THE RIGHT

1-2-3-4 Touch R toe to the Right pivoting ¼ turn to the Right, bringing R next to L

5-6-7-8 Pivoting ¼ turn to the Right, touch L toe to L, step L next to R

### **HEEL SWITCHES STEP SLIDE**

1 Hold 2- R heel forward and hold

& 3 Hold 4- Switch to L heel forward and hold

Switch to R foot forward and switch to L heel forward 87&8 Big step forward with R foot and slide L next to R

### LEFT HIP BUMPS RIGHT HIP BUMPS AND HIP ROLLS

1&2 Bump hips 2 times to the L
3&4 Bump hips 2 times to the R
5-6-7-8 Roll hips clockwise and circle

## KICK BALL CHANGES X2 R SAILOR SHUFFLE L SAILOR SHUFFLE

1&2	Kick R foot forward & step	ball of R next to L.	raising L step L next to R
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3&4 Turn ¼ turn L kick R foot forward & step ball of R next to L raising L, step L next to R

Step L foot behind R & step on ball of R next to R side, step L next to R
 Step R foot behind L & step on ball of L next to R side, step R next to L