Paint My Love!



音乐: Paint My Love - Michael Learns to Rock



Start dance after 32 counts on 2nd verse when the heavy beats start to kick in at time track 00:28.

Full Left Spiral Turn, Ball Cross, 1/2 Left Sweep Tur	n, Back Rock, Recover, Sw	eep, Full Right Spiral Turn, Ball
Cross, Side Slide, Drag		

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1&2	Cross right over left and then spiral a full turn left, step left to left, cross right over left (12 O'Clock)	
3	Execute ½ turn left as you sweep left around (6 O'Clock)	
4&5	Rock left back, recover weight onto right, sweep left around from back to front	
6&7	Cross left over right and then spiral a full turn right, step right to right, cross left over right (6 O'Clock)	

Forward Rock, Recover, ¼ Right Forward Rock, ½ Right Forward, ¾ Left Triple Turn, Sway, Sway, ½ Right Sweep Turn

Taking a long step - slide right to right and drag left toes towards right, step left beside right

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1-2	Rock right forward, recover weight onto left
3-4	Execute ¼ turn right and then rock right forward, recover weight onto left (9 O'Clock)
5	Execute ½ turn right and then step right forward (3 O'Clock)
6&7	Step left forward, execute ½ turn left and then step right back, execute another ¼ turn left and then step left to left (6 O'Clock)
8&1	Sway hips right, sway hips left, execute ½ right and then sweep right around (12 O'Clock)

½ Left Sailor Turn, Recover, Behind, Figure '4' Hitch, Sailor Cross, Pivot ½ Right Turn, ½ Right Together, Back Slide

Back Slide	
2&3	Cross right behind left, execute ¼ turn left and then step left fwd, execute another ¼ turn left and then rock right to right (6 O'Clock)
4&5	Recover weight onto left, step right behind left, hitch left knee beside right in a figure '4'
6&7	Cross left behind right, step right to right, cross left over right
8&1	Pivot $\frac{1}{2}$ turn right, execute another $\frac{1}{2}$ turn right and then step left beside right, taking a long step – slide right back and drag left toes towards right (6 O'Clock)

Twinkle Pattern, ¼ Right Turning Twinkle Pattern, Forward, Pivot ¼ Left Turn, Toe Slide Into Gracious Pose!

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2&3	Cross left over right, step right to right, step left to left
4&5	Cross right over left, ¼ turn right step left to left, step right to right (9 O'Clock)
6&7	Step left forward, step right forward, pivot ¼ turn left ending with left close beside right (6 O'Clock)
8	Dip down slightly into your most gracious as you gradually slide right toes to right
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Note: Keep your right leg fully straightened throughout when you slide right toes to right. Your pose should end with left knee slight bent (into a dip) and right leg straightened with right toes pointed to right

Repeat

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EXTRA BEAT: There is an extra beat at the end of the 5th rotation. Just remain in that gracious pose for this extra beat and begin dancing the 6th rotation facing 6 o' Clock.