Sæt Sejl

级数: Beginner



拍数: 40

编舞者: Søren Pedersen - 2009

音乐: Sæt Sejl - Dalton

Intro: 32 counts, (when he starts to sing)

VINE RIGHT, STEP TOUCH (2 times)

- 1-4 Step RF to right side, step LF behind RF, step RF to right, touch LF to RF
- 5-8 Step LF to L touch R to LF, step RF to right side touch LF to RF, (facing 12.00)

VINE LEFT, STEP TOUCH (2 times)

1-4 Step LF to left side, step RF behind LF, step LF to left, touch RF to LF

- 5-8 Step RF to R touch L to RF, step LF to L touch R to LF(facing 12.00)
- Restart Wall 5 (facing 12.00)

1/4 PADDLETURN x 4

1-8 Step forward right, make ¼ turn left 4 x (facing 12.00)

墙数:2

JAZZ BOX 1/4 TURN RIGHT (2 Times)

- 1-4 Cross RF over LF, step back left, Step right 1/4 turn right, step forward left.
- 5-8 Cross RF over LF, step back left, Step right 1/4 turn right, step forward left. (facing 6.00)

KICK BALL CHANGE (2 Times), Toe Switches, Coaster step

- 1&2 Kick RF Forward, Place RF Beside LF, Step LF on place
- 3&4 Kick RF Forward, Place RF Beside LF, Step LF on place
- 5&6 Touch RF out to R side, bring RF back in place, Touch LF out to L side
- 7&8 Step Back LF, RF Beside LF, Step Forward LF. (facing 6.00)

Ending :

VINE RIGHT, STEP TOUCH (2 times), STEP TURN

- 1-4 Step RF to right side, step LF behind RF, step RF to right side, touch LF to RF
- 5-8 Step LF to L side, touch RF to LF, step RF to right side touch LF to RF, Step 1-2 LF forward, turn ½ right, arms up