Angels Cry



拍数: 48

级数: Improver

编舞者: Val Parry (UK) - April 2010

音乐: Angels Cry - Mariah Carey : (CD: Memoires of an Imperfect Angel)



INTRO - Starts on Main Vocals.

Forward Rock and Back, Lock Step Back, Coaster Cross, Side Together forward

墙数: 2

- 1-2 &3 Forward Rock on Left, Recover on Right, (&)Close Left to Right, (3)Step back on Right
- 4&5 Step Back on Left, (&) Lock Right across Left, (5) Step back on Left
- 6&7 Step back on Right, Step together with Left, Cross Right across Left
- 8 &1 Step Left to left side, Step Right next to Left, Step Left forward

Side together, Chasse Right, Cross, Turn ¼, Side Rock

- 2 3 Step Right to right side, Step Left next to Right
- 4 & 5 Step Right to right side, Close Left to Right, Step Right to right side
- 6 & (6)Cross Left over Right (&)Turn ¼ Left stepping back on Right
- 7-8 Rock Left to left side recover weight on right

Weave, Side rock Cross, Back, Back, Cross, Step back, Turn 1/4 Left

- 1 & 2 Cross Left behind Right, Step Right to right side, Cross Left in front of Right
- &3 (&)Step Right to right side, (3)Cross Left behind Right
- 4 & 5 Rock Right to right side, Recover weight on Left, Cross Right in front of Left
- 6 & 7 Step back on Left, Step back on Right, Cross Left in front of Right
- 8 & Step back on Right, Turn ¼ left stepping Left forward and across Right

Side Rock Touch, Full Rolling Turn Right, Cross Rock Side, Together

- 1-2-3 Rock Right to right side, Recover weight on Left, Touch Right next to Left
- 4 & 5 Turn ¼ right step Right forward, Turn ½ right step Left back, rurn ¼ right step Right to side

Easy Option:Full turn can be replaced by a right chasse

- 6 & 7 Cross Rock Left over Right, Recover weight on Right, Step Left to Left side
- 8 Drag Right to Left taking weight on Right
- **** RESTART HERE ON WALL 5

Mambo Forward, Lock Step Back, Back Rock, Full right forward triple turn

- 1 & 2 Rock forward on Left, Recover weight on Right, Step Left slightly back
- 3 & 4 Step back on Right, Lock Left across in front of Right, Step back on Right
- 5-6 Rock back on Left, Recover weight on Right
- 7 & 8 Turn ½ right and step back Left, Turn ½ right and step forward Right, Step forward on Left

Easy Option: Full turn can be replaced by a shuffle forward

Forward Rock, Side Cross, Side Together Forward, Modified Rocking Chair

- 1-2 Forward rock on Right, Recover weight on Left
- & 3 Step Right to right side, Cross Left in front of Right
- 4 & 5 Step Right to right side, Step Left next to Right, Step Right forward
- 6 & (6) Rock forward on Left ,(&) Recover weight on Right
- 7-8 Rock back on Left, Recover weight on Right

**** There is ONE RESTART on WALL 5

This dance finishes at the front. Step forward and strike a pose...... ENJOY!

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