

Ice Cream Freeze

COPPER KNOB
STEPSHEETS

拍数: 64 墙数: 4 级数: Intermediate
编舞者: Celia Stevens (NZ) - March 2010
音乐: Ice Cream Freeze (Let's Chill) - Hannah Montana



Start dancing on lyrics

Sequence: 24-count intro, AB BBA BBA B to the end of music

Part A

Heel Split, Together, Right Heel Forward, Together, Heel Split, Together, Left Heel Forward, Shuffle Back, Coaster Back

- 1& Turn both heels out, close both heels together
- 2& Touch right heel forward, step right together
- 3& Turn both heels out, close both heels together
- 4 Touch left heel forward
- 5&6 Chassé back left, right, left
- 7&8 Step right back, step left together, step right forward

Shuffle Forward, Stomp, Heel Split-Together, Left Toe Heel Cross, Right Toe Heel Cross

- 1&2 Chassé forward left, right, left
- 3&4 Step right slightly forward in front of left, turn both heels out, turn both heels in
- 5&6 Touch left toe in, touch left heel in, cross left over right
- 7&8 Touch right toe in, touch right heel in, cross right over left

Step-Pivot-Step, Kick-Ball-Cross, Kick-Ball-Cross, Step, Brush/Sweep

- 1&2 Step left forward, pivot turn $\frac{1}{2}$ right (facing 6:00), step left forward
- 3&4 Kick right forward, step right together, cross left over right
- 5&6 Kick right forward, step right together, cross left over right
- 7-8 Step right to side, brush left together & sweep out to left

Left Sailor, $\frac{1}{4}$ Sailor, Cross Samba, $\frac{1}{4}$ Sailor

- 1&2 Left sailor step
- 3&4 Cross right behind left, turn $\frac{1}{4}$ left and step left together (facing 3:00), step right forward
- 5&6 Cross left over right, step right to side, step left to side
- 7&8 Cross right behind left, turn $\frac{1}{4}$ left and step left together (facing 12:00), step right forward

Cross Shuffle, Right Large Step-Drag, Heel-Toe-Heel, Heel-Toe-Heel

- 1&2 Crossing chassé left, right, left
- 3-4 Large step right to side, step left together
- 5&6 Feet together twist both heels to left, both toes to left, both heels to left
- 7&8 Feet together twist both heels to right, both toes to right, both heels to right (weight right)

$\frac{1}{4}$ Sailor, Forward Shuffle, $\frac{1}{2}$ Turn Jazz Box

- 1&2 Cross left behind right, turn $\frac{1}{4}$ left and step right together (facing 9:00), step left forward
- 3&4 Chassé forward right, left, right
- 5-8 Cross left over right, step right back, turn $\frac{1}{2}$ left and step left forward (facing 3:00), step right together

Part B

Side Shuffle, Back Rock-Recover-Heel, Shimmey Step Touch Heel Diagonally Twice

- 1&2 Chassé side left, right, left
- 3&4 Step right back, recover to left, touch right heel forward at 45degrees (make a pose)
- 5-6 Step right to side, touch left heel in place while shimmering shoulders

7-8 Step left to side, touch right heel in place while shimmering shoulders

Shuffle $\frac{1}{4}$ Back, Large Step Left, Touch, Large Step, Touch, $\frac{1}{4}$, $\frac{1}{4}$

1&2 Step right to side, step left together, turn $\frac{1}{4}$ left and step right back (facing 12:00)

3-4 Large step left to side, touch right together, (option with right hand swing down across in front of body & up, click fingers)

5-6 Large step right to side, touch left together, (option with right hand swing down across in front of body & up, click fingers)

7& Touch left forward, pivot turn $\frac{1}{4}$ right weight right (facing 3:00)

8& Touch left forward, pivot turn $\frac{1}{4}$ right weight right (facing 6:00)

**For counts 7&8& push your hands in the air as you turn like the song says,
also note when you start Part A again touch right together ready for heel splits.**
