

Can't Hide From Love

COPPER KNOB
STEPSHEETS

拍数: 64 墙数: 4 级数: Intermediate
编舞者: Ryan King (UK) - March 2010
音乐: Can't Hide from Love - Naturi Naughton & Collins Pennie



Start on main vocals.

Walk, Walk, 1/4 Chasse, Rock, Rock, Sailor Step

- 1,2 Walk forward on right, walk forward on left.
- 3&4 Making 1/4 turn right, step right to right side, step left next to right, then step right to right side.
- 5&6& Rock weight forward left, recover onto right, Rock weight side left, recover onto right.
- 7&8 Step left foot behind right, step right to right side, step forward on left.

Walk, Walk, Rock 1/2 Turn, Step 1/2 Turn, Step Back, Coaster Step

- 1,2 Walk forward on right, walk forward on left.
- 3&4 Rock forward right, place weight back onto left foot, make 1/2 turn over right shoulder stepping forward on right foot..
- 5,6 Step back 1/2 on left foot, step back on right foot.
- 7&8 Step back left, place right next to left, step forward left.

1/4 Shuffle, Cross Back step, Mambo Rocks, 1/4 turn

- 1&2 Step forward right, place left next to right, step forward 1/4 turn right.
- 3&4 Cross left over right, step back on right, step side left.
- 5&6& Rock right over left, recover onto left, rock right to right side, recover onto left.
- 7&8 Rock right over left, recover onto left, make 1/4 turn right stepping forward on right.

Full turn, Mambo Rock, Touch 1/4, Behind Side Cross

- 1,2 Make 1/2 turn over right shoulder stepping forward left, make 1/2 over right shoulder stepping forward right.
- 3&4 Rock left forward, recover onto right, step back onto left.
- 5,6 Point right toe back, make 1/4 right.
- 7&8 Step right behind left, step left to left side, cross right over left.

Rock Left and Cross, Rock Right and Cross, Rock, Shuffle Back

- 1&2 Rock side left, recover onto right, cross left over right.
- 3&4 Rock side right, recover onto left, cross right over left.
- 5,6 Rock forward left, recover onto right.
- 7&8 Step back left, step right in place, step back left.

Rock, Scuff Hitch Step, Pivot 1/2 Turn, 1/4 Rock and Cross

- 1,2 Rock back right, recover onto left.
- 3&4 Scuff right foot forward, hitch right leg, step forward onto right.
- 5,6 Step forward left, pivot 1/2 turn over right shoulder.
- 7,8 Rock side left making 1/4 turn right, recover onto right, cross left over right.

Right Heel, Left Heel, Right Heel Grind, Left Heel, Right Heel, Left Heel Grind

- 1&2& Right heel forward, step right in place, left heel forward, step left in place.
- 3,4 Step right heel forward, step left slightly to side.
- 5&6& Left heel forward, step left in place, right heel forward, step right in place.
- 7,8 Step left heel forward, step right slightly to side.

Left Shuffle Back, Rock, 2 x 1/4 Paddle

1&2	Step back left, step right in place, step back left.
3,4	Rock back right, recover onto left.
5,6	Step forward right, push 1/4 left shifting weight onto left.
7,8	Step forward right, push 1/4 left shifting weight onto left.
