

# Hey-O!

拍数: 80      墙数: 2      级数: Intermediate  
编舞者: Andrew Palmer (UK) & Sheila Palmer (UK) - May 2010  
音乐: Hey-O - Johnny Reid : (CD: Dance with Me)



12s intro. Start on main vocals

**(1-8) Rock. Recover. Kick. Side. Kick. Side. Cross. Side**

1-4      Rock right to side. Recover. Kick right over left. Step right to side  
5-8      Kick left over right. Step left to side. Cross right over left. Step left to side

**(9-16) Dwight-Step (Toe. Heel. Toe. Kick). Coaster-Scuff**

1-2      Touch right beside left (both heels turned out). Touch right heel beside left (both toes turned out)  
3-4      Touch right beside left (both heels turned out). Kick right forward  
5-8      Step back on right. Step left beside right. Step forward right. Scuff left

**(17-24) Cross. Back. Side. Scuff. Cross. Turn. Side. Hold**

1-4      Cross left over right. Step back on right. Step left to side. Scuff right  
5-8      Cross right over left. Quarter turn right (3:00) Step back on left, Step right to side. Hold

**(25-32) Rock. Recover. Behind. Rock. Recover. Behind. Turn. Hold**

1-5      Rock left to side. Recover. Step left behind right. Rock right to side. Recover  
6-8      Step right behind left. Quarter turn left (12:00) Step forward left. Hold

**(33-40) Toe-Strut. Step-Pivot. Lock-Step. Hold**

1-4      Touch right toe forward. Drop heel. Step forward left. Pivot half turn right (6:00)  
5-8      Step forward left. Lock right behind left. Step forward left. Hold

**(41-48) Toe-Strut. Step-Pivot. Lock-Step. Hitch**

1-4      Touch right toe forward. Drop heel. Step forward left. Pivot half turn right (12:00)  
5-8      Step forward left. Lock right behind left. Step forward left. Hitch

\*\*\* RESTART here DURING wall 3

**(49-56) Side. Together. Back. Hold. Side. Together. Forward. Hold**

1-4      Step right to side. Step left beside right. Step back on right. Hold  
5-8      Step left to side. Step right beside left. Step forward left. Hold

**(57-64) Kick. Kick. Back. Lock. Back. Back. Lock. Side**

1-4      Kick right forward. Kick right forward. Step back on right. Lock left across right  
5-8      Step back on right. Step back on left. Lock right across left. Step left to side

**(65-72) Behind. Side. Touch. Hold. Side. Behind. Side. Hold**

1-4      (Look to your left) Step right behind left. Step left to side. Touch right beside left, Hold  
5-8      (Look to your right) Step right to side. Step left behind right. Step right to side. Hold

**(72-80) Step-Pivot. Step-Pivot. Rock. Recover. Step. Hold**

1-4      Step forward left. Pivot quarter right (3:00). Step forward left. Pivot quarter right (6:00)  
5-8      Rock forward left. Recover. Step left beside right. Hold

**TAG: REPEAT last 16 counts (65-80) at END of wall 4 (6:00)**

**RESTART: RESTART from beginning DURING wall 3 on completion of 48 counts (12:00)**

