

BMT (aka SS Rumba)

COPPER KNOB
STEPSHEETS

拍数: 32 墙数: 4 级数: Beginner
编舞者: Forty Arroyo (USA) - January 2010
音乐: It's Now Or Never - John Dean



Or Music: It's Now or Never by Elvis Presley

Dedicated to The Sturbridge Senior Line Dancers

Inspired by the lovely Intermediate line dance "Be Mine Tonight" choreographed by Peter Metelnick & Alison Biggs

Side, Hold, Rock, Recover, Side, Hold, Rock Recover (Ends At 12 O'clock)

1-4 Step side R, Hold, Cross rock L over R, Step R in place
5-8 Step side L, Hold, Cross rock R over L, Step L in place

Step, Hold, Backward Weave (ends at 12 o'clock)

1-4 Step back on R, Hold, Cross L over R, Step back on R
5-8 Step back on L, Cross R over L, Step back on L, Step back on R

Forward Rumba, Left And Right (ends at 12 o'clock)

1-4 Step forward on L, Hold, Step side R, Step L next to R
5-8 Step forward on R, Hold, Step side L, Step R next to L

Step ¼ Turn, Hold, Rock ,Recover, Cross, Hold, Step, Touch (ends at 9 o'clock)

1-2 Starting a ¼ left – Step L slightly forward pointing toes to L, Hold
3-4 Completing the ¼ turn (above) – Rock R to side, Step L in place
5-8 Cross R over L, Hold, Step L to side, Touch R next to L

Note: for a little styling (on count 8 of this section) drag R toward L keeping your weight on L.

Enjoy!! Try It Contra For Added Fun!! Try It To Your Favorite Rumba Track. Dance While You Can!!