拍数: 64

墙数: 2

(Lift arms up, elbows bent, click fingers) (Start to drop arms). (12.00).

编舞者: Hazel Pace (UK) - July 2010



音乐: Fall (Almighty Radio Edit) - Kimberley Locke: (The Radio Mixes - EP) Intro: 32 Counts. (1 – 8) Flick Left Foot X 2, & Cross, Weave Left, Cross Rock Recover. 1 - 2Flick left foot forward twice. (Alternative – Left heel digs X 2). &3-4 Step left beside right, cross right over left, left to left side. 5 - 6Right behind left, left to left side. 7 - 8Cross rock right over left, recover on left. (9 – 16) Right Shuffle 1/4Turn Right, Left Shuffle 1/2 Turn Right, Rock Back Recover, Step Forward Touch. 1 & 2 Make 1/4 turn right stepping forward on right, left beside right, forward on right. (3.00). 3 & 4 Left shuffle making 1/2 turn right on left, right, left. (9.00). 5 - 6Rock back on right, recover on left. 7 - 8Step forward on right, touch left out to left side. (17 – 24) Cross, 1/4 Turn Left, Left Coaster Step, Step 1/2 Turn Right, Right Shuffle Back. 1 - 2Cross left over right, make 1/4 turn left stepping back on right. (6.00). 3 & 4 Step back on left, right beside left, forward on left. 5 - 6Step forward on right, make 1/2 turn right stepping back on left. (12.00). 7 & 8 Step back on right, left beside right, back on right. (25 – 32) Rock Back Recover, Full Turn Right, (Travelling Forward). Left Kick Ball Stride, Step Forward Touch. 1 - 2Rock back on left, recover on right. 3 - 4Full turn moving forward on left, right. (Alternative – Walk Left, Right). 5 & 6 Kick left forward, step ball of left beside right, stride forward on right. 7 - 8Step forward on left, touch right beside left. (33 – 40) Monterey 1/4 Turn Right, Side Rock Recover, Right Crossing Shuffle. 1 - 2Touch right out to right side, 1/4 turn right stepping right beside left. (3.00). 3 - 4Touch left out to left side, cross step left over right. 5 - 6Rock right out to right side, recover on left. 7 & 8 Cross right over left, left to left side, cross right over left. (41 – 48) Side Rock Recover, Cross, HOLD, & Cross, Rock Recover Cross. 1 - 2Rock left out to left side, recover on right. 3 - 4Cross left over right, HOLD. &5 Small step on right to right side, cross left over right. 6-7-8 Rock right out to right side, recover on left, cross right over left. (49 – 56) Make 1/4 Turn Right, Side Cross Side, Behind Side Cross, Side Rock Recover. 1 - 2Make 1/4 turn right stepping back on left, right to right side. (6.00). 3 - 4Cross left over right, right to right side. 5 & 6 Left behind right, right to right side, cross left over right. 7 - 8Rock right to right side, recover on left. (57 – 64) Make 1/2 Turn Left Clicking Fingers HOLD X 2, Cross Rock Recover, Stride Right, Drag. 1 - 2Make 1/2 turn left stepping right to right side, HOLD.

级数: Intermediate

- 3 4Make 1/2 turn left stepping left to left side, HOLD. (Lift arms up, elbows bent, click fingers) (Drop arms). (6.00). Cross rock right over left, recover on left.. 5 – 6

7 – 8 Stride right to right side, drag left towards right.

There is A false ending on 5th sequence, (section 41-48) keep going at same speed, the beat kicks in again on count 49.

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