Catch a Wave!



拍数: 32 墙数: 4 级数: Easy Beginner

编舞者: Shanthie De Mel (AUS) - May 2010

音乐: Catch a Wave - The Beach Boys: (CD: Greatest Hits - 2:06)



Begin: Wt on L: 8 count intro of "Catch a wave & you're sitting on top of the world". Begin after drums. CCW Rotation.

For split floors, see 'Pink Lady' Easy Intermediate line dance, done to the same music.

This is dedicated 16 year old Jessica Watson, of Australia, the youngest person to circumnavigate the world solo, nonstop, & unassisted, in the boat, 'Ella's Pink Lady' on May 2010.

Good on ya Jess. Congratulations! You are an inspiration!

(1-8) STOMP, HOLD, CROSS, ROCK X2

1,2,3,4 Stomp R out to right side, hold, cross/rock L over R, return R 5,6,7,8 Stomp L out to left side, hold, cross/rock R over L, return L (12:00)

(9-16) BACK ROCKING CHAIR, FWD ROCKING CHAIR

1,2,3,4 Step R back, hold, rock L back, return R 5,6,7,8 Step L fwd, hold, rock R fwd, return L (12:00)

(17-24) CROSS-SAMBA X2

1,2,3,4 Cross R over L, hold, rock L to left side, return R in place

5,6,7,8 Cross L over R, hold, rock R to right side, return L in place (12:00)

(25-32) JAZZ BOX RIGHT & LEFT

1,2,3,4 Cross R over L, hold, step L back, step R to right side

5,6,7,8 Cross L over R, hold, step R back, turning 90° left step L to left side (9:00)

Note - Counts 1 & 5 are followed by holds. It could be made 1 Wall by not turning left on count 32.

For split foors, see 'PINK LADY' Intermediate dance, done to the same music.