Africa Waka

拍数: 32

级数: Improver

编舞者: Ingrind Kan (TW) - January 2005

音乐: Waka Waka (This Time for Africa) - Shakira : (Official 2010 Fifa World Cup Song)

Hip Bumps R,L. R Rock L Recover, R Coaster Step

- 1&2 Step right diagonally forward and bump right hip forward, back, forward
- 3&4 Step left diagonally forward and bump left hip forward, back, forward
- 5-6 Rock right forward, recover to left
- 7&8 Step right back, step left together, step right forward

Hip Bumps ,R Turning1/2 Hip Bumps , Jazz Box(touch)

- 1&2 Step left forward and bump left hip forward, back, forward
- 3&4 Turn ¹/₂right (weight to right) and bump right hip forward, back, forward
- 5-6 Cross L Over R, Step Back on R
- 7-8 Step R to Right, touch R next to L

Hip Bumps R,L. R Rock L Recover, R Sailor Turn R 1/4

- 1&2 Step right diagonally forward and bump right hip forward, back, forward
- 3&4 Step left diagonally forward and bump left hip forward, back, forward
- 5-6 Rock right forward, recover to left
- 7&8 Cross right behind left, step left to side turn R 1/4, step right to side

Hip Bumps L,R.L Step Turn R 1/2, Shuffle ½ Turn R

- 1&2 Step left diagonally forward and bump left hip forward, back, forward
- 3&4 Step right diagonally forward and bump right hip forward, back, forward
- 5-6 L Step turn R1/2(weight on right)
- 7&8 Shuffle ½ Turn to R (Stepping L,R ,L)

RESTART will happen in the 4rd rotation (only dance 16 counts)







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