Perfect Day

级数: Improver

编舞者: Daniëlla Deckers (NL) - June 2010

音乐: Perfect Day - Lady A : (CD: Need You Now)

Dance starts after 16 counts from start melody	
Kick ball step, Side switches, Cross, ¼ turn left, Chassé left	
1&2	Kick right forward, Step right in place, Step left forward
3&4	Point right to right side, Step right in place, Point left to left side
5,6	Cross left over right, Right foot ¼ turn left step back
7&8	Step left to left side, Step right next to left, step left to left side (9)
Cross & heel & cross unwind ¾ turn right, Coasterstep, Lockstep forward	
1&2&	Cross right over left, Step left to left side, Right heel forward, Step right next to left
3,4	Cross left over right, ¾ turn right (weight ending on left foot) (6)
5&6	Step right back, Step left next to right, Step right forward
7&8	Step left forward, Lock right behind left, Step left forward *** restart during wall 2 & 5
Mambo forward, Mambo back, Pivot ½ turn left, Full tripple turn forward	
1&2	Step right forward, recover on left, step right next to left
3&4	Step left back, recover on right, step left next to right
5,6	Step right forward, ½ turn left (12)
7&8	$\frac{1}{2}$ turn left step right back, $\frac{1}{2}$ turn left step left forward, step right forward
Rock forward, Sailorstep ¼ turn left, Cross shuffle, ¼ turn right, ½ turn right, step	
1,2	Step left forward, recover weight on right
3&4	Cross left behind right, 1/4 turn left step right to right side, step left to left side (9)
5&6	Cross right over left, step left to left side, cross right over left
7&8	$\frac{1}{4}$ turn right step left back, $\frac{1}{2}$ turn right step right forward, step left forward (6)
Start over & enjoy!	
***Restarts During wall 2 and 5 restart the dance after 16 counts	
Finish	

Dance will finish at 12 o'clock. Dance the first 5 counts of the dance, then add the following steps:

- 6 Step right back
- 7,8 Big step to left side, dragging right to meet left

Note:

During the first 16 counts of wall 8 the music will change rhythm.

Continue dancing the rhythm you danced before and after these 16 counts the rhythm changes back to normal.





拍数: 32

墙数:2