

K' Naan 2010 (Fifa World Cup)

COPPER KNOB
STEPSHEETS

拍数: 32 墙数: 4 级数: Beginner Fun
编舞者: Sebastiaan Holtland (NL) - June 2010
音乐: Wavin' Flag (feat. David Bisbal) - K'naan : (Single 2010, Fifa World Cup)



32 Count Intro, after the first "beats" (22 Sec)

Sec 1: 1-8 Uprock, Hook, & Side, Uprock, Hook, & Side, Syncopated Side Point R-L, Travelling Heel Switches Fwd R-L

1&2 Rf Jump on and hook Lf behind Rf, Replace on Lf, and step Rf to right weight onto both feet

Option: (On Africans style)

3&4 Lf Jump on and hook Rf behind Rf, Replace on Rf, and step Lf to left weight onto both feet

Option: (On Africans style) (12:00)

5&6& Point Rf out to right, step Rf beside Lf, and point Lf out to Left, step Lf beside Rf weight onto Lf

7&8& Touch R heel Fwd, Replace on Rf, Touch L heel forward, Replace on Lf (Travelling Fwd)
(12:00)

Restart Here 4th Wall after 8 count

Sec 2: 9-16 Stomp Fwd / Revover, 1/4 Turn R, Side, Lock Step Fwd, Stomp Fwd / Revover, 1/4 Turn R, Side, Lock Step Fwd

1&2 Stomp forward on Rf, make a 1/4 turn to right (3) recover on Lf, and step Rf to the right

3&4 Step forward on Lf, lock Rf behind Lf, step forward on Lf weight onto Lf (3:00)

5&6 Stomp forward on Rf, make a 1/4 turn to right (6) recover on Lf, and step Rf to the right

7&8 Step forward on Lf, lock Rf behind Lf, step forward on Lf weight onto Lf (6:00)

Sec 3: 17-24 1/2 Rumba box Fwd , Chasse L With 1/4 Turn L, 1/2 Rumba box Fwd 2x R-L

1&2 Step Rf to right side, close Lf beside Rf, and step forward on Rf weight onto Rf

3&4 Step Lf to the left side, close Rf next to Lf, make a 1/4 turn left (3) and step forward on Lf weight onto Lf

5&6 Step Rf to right side, close Lf beside Rf, and step forward on Rf weight onto Rf

7&8 Step Lf to the left, close Rf beside Lf, and step forward on Lf weight onto Lf (3:00)

Sec 4: 25-32 Pivot 1/2 L, Continue 1/4 Turn L, Side, Behind, Side, Cross, Side Mambo with 1/4 Turn R, Back, Lock Step Fwd

1&2 Step forward on Rf, make a 1/2 turn L (9) take weight onto Lf, continue a 1/4 turn left (6) and step Rf to Right weight onto Rf

3&4 Step Lf behind Rf, stepping Rf to right, and cross Lf over Rf weight onto Lf

5&6 Mambo Rf to right, make a 1/4 turn right (9) recover on Lf, stepping back on Rf weight onto Rf

7&8 Step forward on Lf, lock Rf behind Lf, step forward on Lf ending weight onto Lf (9:00)

Restart: 4th wall dance up to count 8 and restart (facing 3 o'clock wall)

Start Again And Have Fun!

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