Dynamite



拍数: 48 墙数: 4 级数: Beginner

编舞者: Gerald Biggs (USA) - June 2010

音乐: Dynamite - Cliff Richard: (CD: I'M No Hero - Remastered)



Start on lyrics

WEAVE LT, CROSS ROCK, RECOVER, STEP RT 1/4 TURN RT, BRUSH LT FORWARD

1-2	Step RT over LT, Step LT to side
3-4	Step RT behind LT, Step LT to side
5-6	Cross rock RT over LT, Recover onto LT
7-8	Step RT 1/4 turn RT (3:00) Brush LT forward

JAZZ BOX, STEP RT DIAGONALLY FORWARD, STEP TOGETHER, STEP, TOUCH TOGETHER

1-2	Step LT over RT, Step RT back
3-4	Step LT to side, Touch RT toe next to LT

5-6 Step RT diagonally forward, Step LT next to RT

7-8 Step RT diagonally forward, Touch LT toe next to RT

LT ROLLING VINE, RT ROLLING VINE

1-2	Step LT ¼ turn LT, (12:00) Step RT ¼ turn LT (9:00)
3-4	Step LT ½ turn LT (3:00) Touch RT next to LT
5-6	Step RT ¼ turn RT (6:00) Step LT ¼ turn RT (9:00)
7-8	Step RT ½ turn RT (3:00) Touch LT next to RT

STEP BACK, TOUCH, HEEL TOUCH FORWARD, TOE TOUCH TOGETHER, RT STEP BACK, HOOK LT FOOT UP AND ACROSS RT LEG, STEP, TURN

1-2	Step back on LT, Touch RT toe next to LT
3-4	Touch RT heel forward, Touch RT toe next to LT
5-6	Step RT back, Hook LT foot up and across RT leg
7-8	Step LT forward, Pivot ¼ turn RT (6:00) keep weight LT

WALK BACK, BACK TOUCH, LOCK STEP FORWARD, SCUFF

1-2	Walk back, RT, LT,
3-4	Walk back, RT, Touch LT toe in front of RT foot
5-6	Step forward on LT, Lock RT behind LT
7-8	Step forward on LT, Scuff RT forward

SIDE STEP, TOUCH, 1/4 STEP TURN, SCUFF, STEP, TURN, STEP, TURN

1-2	Step RT to side, Touch LT next to RT
3-4	Step LT ¼ turn LT (3:00) Scuff RT forward
5-6	Step RT forward, Pivot ¼ turn LT (12:00)

7-8 Step RT forward, Pivot ¼ turn LT (9:00) while shifting weight LT

Start again and enjoy