Velma McKay Foxtrot



拍数: 32 墙数: 4 级数: Beginner Foxtrot

编舞者: Karen Tripp (CAN) - June 2010

音乐: Younger Than Springtime - Ross Mitchell, His Band and Singers: (CD: The Best

of the Dansan Years Vol. 3)



Dedicated to our "Dancing Queen", Velma McKay, that she always be lovingly remembered when we dance the "Foxy".

Start: Start on lyrics (16-count wait), right foot free

PROGRESSIVE BOX (SQQ, SQQ)

Forward on right (S), step side on left (Q), close right to left (Q)

Forward on left (S), step side on right (Q), close left to right (Q)

ROCK FORWARD, RECOVER & TURN 1/2 RIGHT (SQQ), ROCK FORWARD, RECOVER & TURN 1/4 LEFT (SQQ)

9-12 Rock forward on right, hold, recover on left, turn ½ right and step forward on right

13-16 Rock forward on left, hold, recover on right, turn 1/4 left and step on left

FRONT WEAVE 4 (QQQQ), CROSS RECOVER SIDE CROSS (QQQQ)

17-20 Cross right in front of left, side on left, cross right behind, side on left

21-24 Cross right in front of left, recover on left, step side on right, cross left over right

SIDE CLOSE (QQ), SIDE CLOSE (QQ), SLOW SIDE DRAW, CLOSE

25-28 Step side on right, close left together, step side on right, close left together

29-32 Step side on right, and slowly draw left foot towards right over two beats, and step on the last

beat

Choreographer: Karen Tripp, Cranbrook, BC, Canada

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