Happy Cha Cha



拍数: 64 墙数: 4 级数: High Beginner

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音乐: Hua Hee Du Ho - Chen Lei: (CD: Best of Hokkien Hits)



Sequence: 64-64-64 + 4-64-32

INTRO: 16 + 32 counts of heavy beats (24 seconds)

S1: (Slight Back Rock, Spot Triple Step) 2X

1-2 Rock R back, recover on L (L hand on hip, R hand up)

3&4 Triple step on spot, R-L-R

5-6 Rock L back, recover on R (R hand on hip, L hand up)

7&8 Triple step on spot, L-R-L

S2: (Side Rock, Triple Step) 2X

1-2 Rock R to right side, recover on L

3&4 Triple step. R-L-R

5-6 Rock L to left side, recover on R

7&8 Triple step L-R-L

S3: Forward Rock, ¼ R Turn Chasse, ½ R Turn Chasse, Side Rock

1-2 Forward R rock, recover on L
3&4 ¼ R turn [3], side chasse R-L-R
5&6 ½ R turn [9], side chasse L-R-L
7-8 Rock R to side, recover on L

S4: Basic Cha Cha

1-2 Rock R forward, recover on L
3&4 Cha cha backward, R-L-R
5-6 Rock L back, recover on R
7&8 Cha cha forward, L-R-L

S5: (Side Point, Touch, Forward Shuffle) 2X

1-2 Point R to right side, touch R beside L

3&4 Shuffle forward, R-L-R

5-6 Point L to left side, touch L beside R

7&8 Shuffle forward, L-R-L

S6: (Back Toe Strut) 2X, Back Rock, Forward Shuffle

1-2 Back step on R ball, drop R heel
3-4 Back step on L ball, drop L heel
5-6 Rock R back, recover on L
7&8 Shuffle forward, R-L-R

S7: (Side Rock, Cross Shuffle) 2X

1-2 Rock L to left side, recover on R (spread open both hands from centre to side)

3&4 Cross L over R, step R to right side, cross L over R

5-6 Rock R to right side, recover on L (spread open both hands from centre to side)

7&8 Cross R over L, step L to left side, cross R over L

S8: Forward Rock, ½ Turn Left Shuffle, Double Step-Touch

1-2 Forward L rock, recover on R

3&4 ½ turn left, shuffle L-R-L [3]

5-6 Step R to right side, touch L beside R
7-8 Step L to left side, touch R beside L
After Wall 4 (facing 12.00), repeat count 5-6. 7-8

ENDING:

Dance will end after short Wall 6 (32 counts till Section 4). Facing 12.00, end the dance with the last three counts, 7 & 8.

Step LEFT forward, step RIGHT forward, LEFT touch beside right and hold pose with left hand on hip and right hand up.

Have fun and enjoy the dance!