

Head Over Heels

COPPER **KNOB**
STEPSHEETS

拍数: 68 墙数: 2 级数: Intermediate
编舞者: Jon Peppin (AUS) - July 2010
音乐: Heart Over Head Over Heels - Clay Walker : (CD: Rumor Has It)



Start Position: Feet together - with weight on L foot.

Starts on vocals

Note: Dance Sequence is as follows: A, B, A(20), A, B, A(20), B, A.

Part A

- 1-2 [1&2] Step/rock R to R side, rock/replace weight onto L, step R across in front of L,
3-4 [3&4] Step/rock L to L side, rock/replace weight onto R, step L across in front of R,
5-6 [5&6&] Step R to R side, step L behind R, step R to R side, step L across in front of R,
7-8 [7&8] Step R to R side, step L behind R, step R to R side,

9-10 [1&2] L forward Coaster step - step L forward, step R beside L, step L back,
11-12 [3&4] R backward Coaster step - step R back, step L beside R, step R forward,
13-14 [5&6] Syncopated pivot - step L forward, pivot 180 degrees R - placing weight on R, step L forward,
15-16 [7,8] Stomp R forward, pivot 180 degrees L - placing weight onto L,

17-18 [1&2] Step/rock R to R side, rock/replace weight onto L, step R across in front of L,
19-20 [3&4] Step L to L side, turning 180 degrees R (Hinge Turn) - step R to R side, step L beside R,

*******Note: count 20 Restart at A - or - touch L beside R and start B *******

- 21-22 [5&6&] Step R to R side, step L behind R, step R to R side, step L across in front of R,
23-24 [7&8] Step R to R side, step L behind R, step R to R side,

25-26 [1,2] Step L to L side, turning 270 degrees ($\frac{3}{4}$ turn) R (Hinge Turn) - step R to R side,
27-28 [3&4] L shuffle forward - step L forward, step R beside L, step L forward,
29-30 [5,6] Step/rock R forward, rock/replace weight back on L,
31-32 [7&8] Travelling back - turning 540 degrees ($1\frac{1}{2}$ turns) R - triple step R, L, R,
OR
31-32 [7&8] Travelling back - turning 180 degrees ($\frac{1}{2}$ turn) R - triple step R, L, R,

Part B

- 33-34 [1&2&] Touch L toe to L side, touch L toe forward, touch L toe to L side, touch L toe back,
35-36 [3&4] Touch L toe to L side, touch L toe forward, touch L toe to L side,
37-38 [5&6] Step L behind R, step R to R side, step L across in front of R
39-40 [7&8&] Touch R toe to R side, touch R toe forward, touch R toe to R side, touch R toe back,

41-42 [1&2] Touch R toe to R side, touch R toe forward, touch R toe to R side,
43-44 [3&4] Step/rock/ forward on R, step/replace weight back on L, turning 180 degrees R - step R forward,
45-46 [5&6] Moving forward - turning 360 degrees (full turn) L - triple step L, R, L,
OR
45-46 [5&6] Moving forward - triple step - stepping L, R, L,
47-48 [7&8] Step R forward, lock L behind R, step R forward,

49-50 [1,2] Step/rock L forward, rock/replace weight back on R,
51-52 [3&4] Turning 360 degrees L (full turn) - triple step on the spot - stepping L, R, L,
53-54 [5,6] Step R forward, pivot 90 degrees L - placing weight onto L,
55-56 [7,8] Touch R behind L, pivot/unwind 180 degrees R - placing weight onto R,

57-58 [1,2] Step/rock/ forward on L, step/replace weight back on R,
59-60 [3&4] Turning 180 degrees L - triple step - L, R, L,
61-64 [5,6,7,8] Monterey touch - touch R to R side, pivot 180 degrees R on L placing R beside L,
touch L to L side, touch L beside R,

65-66 [1,2] Step/rock L forward, rock/replace weight back on R,
67-68 [3&4] L backward coaster cross - step L back, step R beside L, step L across in front R.

REPEAT DANCE IN NEW DIRECTION

As taught by the Travelling Cowboy. (Ph.0413.714725).
Email: travellingcowboy@dodo.com.au
