

# The Club Is Alive

**COPPER** KNOB  
STEPSHEETS

拍数: 64      墙数: 2      级数: Intermediate  
编舞者: Shaz Walton (UK) - July 2010  
音乐: The Club Is Alive - JLS



## Side touch. Side. Touch. Slow coaster. Forward.

- 1-2      Step right to right. Touch left beside right.
- 3-4      Step left to left. Touch right beside left.
- 5-6      Step back right. Step back left.
- 7-8      Step forward right. Step forward left.

## Forward. Touch. Back. ½. Forward. Touch. Back. Back.

- 1-2      Step forward on right. Touch left behind right.
- 3-4      Step back on left. Make ½ right stepping right forward.
- 5-6      Step forward left. Touch right behind.
- 7-8      Walk back on right. Walk back left.

## ¼. Hold. Ball. Cross. Side. Bump x3. ¼ sit.

- 1-2      Make a sharp ¼ right stepping right to right side. Hold
- &3-4      Step left beside right. Cross step right over left. Step left to left
- 5-6-7      Bump hips left. Bump hips right. Bump hips left.
- 8      Make ¼ left as you hips right & sit over right hip (weight right)

## Rock recover. Step. Press. Walk back x3. ¼ side.

- 1-2      Rock back left. Recover right.
- 3-4      Step left forward. Press right forward.
- 5-6      Walk back left. Walk back right.
- 7-8      Walk back left. Make ¼ right stepping right to right side.

## Cross. Unwind. Rock back. Recover. Side. Heel. Toe. Drag.

- 1-2      Cross left over right. Unwind ½ turn right (weight ends left)
- 3-4      Rock back on right. Recover on left.
- 5-6      Step right to right with toe pointing to right diagonal. Swivel right heel to right.
- 7-8      Swivel right toe to right. Take the weight on the right foot & drag left towards right. (weight right)

## Side. Touch. Side. Touch. ¼ . ½ . ½ . side.

- 1-2      Step left to left. Touch right beside left.
- 3-4      Step right to right. Touch left beside right.
- 5-6      Make ¼ left stepping left forward. Make ½ left stepping right back.
- 7-8      Make ½ left stepping forward left. Step right to right. \*\* restart- wall 3- replace count 8 with a touch.

## Ball. Cross. Hold. Ball. Cross. Point. Cross back. Point. ¼. Point.

- &1-2      Step left beside right. Cross right over left. Hold.
- &3-4      Step left beside right. Cross right over left. Point left to left side.
- 5-6      Cross step left behind right. Point right to right side.
- 7-8      Make ¼ right dropping weight onto right. Point left to left side.

## Ball step. ¼ pivot. Step. Hitch. Ball step. Hitch. ¼ hitch. ¼ forward.

- &1-2      Step left beside right. Step forward right. Make ¼ pivot turn left.
- 3-4      Step forward right. Hitch left up.

&5-6            Step left beside right. Step forward right. Hitch left up.  
7-8            Make ¼ left on ball of right hitching left again. Make ¼ left stepping left forward.

#### **Restarts**

Wall 3 – end of section 6. Replace count 8 with a touch right beside left. Start the dance again facing the front.  
Wall 7- end of section 3.... slow the bumps down to match the music and drop the weight onto the left. Start the dance again from the beginning, facing the front.

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