Early in the Morning

级数: Phrased Beginner

编舞者: Max Perry (USA) - July 2010

音乐: Early in the Morning - Vanity Fare

Part A Verse (28 counts)

拍数: 60

Walk, Walk, Walk, Touch, Back, Back, Back, Touch

- Step forward R,L,R, Touch L toe to left side 1,2,3,4
- 5,6,7,8 Step back L,R,L, Touch R toe to right side

2 Jazz Boxes Turning 1/4 Right Each

- Cross R over L, Step L back turning to right, Step R side, Step L forward 3:00 1,2,3,4
- 5,6,7,8 Cross R over L, Step L back turning to right, Step R side, Step L forward 6:00

Rocking Chair, 2 1/4 Pivot Turns Left, 1 Jazz Box Turning 1/4 Right

- 1,2,3,4 Rock R forward, Step L in place, Rock R back, Step L in place
- 5.6. Step R forward & turn 1/4 left Step L in place,
- Step R forward & turn 1/4 left, Step L in place 7,8
- 1,2,3,4 Cross R over L, Step L back turning right, Step R side, Step L forward 3:00

Part B Chorus (32 counts)

Touch, Touch, Cross, Side, Together 2 Times

- Touch R to right side twice 1,2
- 3&4 Cross R behind L, Step L to left side, Step R next to L
- 5,6 Touch L to left side twice
- 7&8 Cross L behind R, Step R to right side, Step L next to R

Shuffle Step, Shuffle Step, Turning Shuffle Step, Coaster Step

- Right shuffle step forward (R,L,R) 1&2
- 3&4 Left shuffle step forward (L,R,L)
- 5&6 Right shuffle turning 1/2 left (R,L,R)
- 7&8 Step L back, Step R next to L, Step L forward (coaster step) (could also shuffle in place)

Repeat Part B (16 cts) to finish the Chorus of the song

Notes: Dance part A then Part B, Then dance counts 1-8 of part A, then start part A over again. Dance part B, then dance 16 counts of part B over again, Dance part A, then part B until the end. This looks difficult on paper, but is very easy!! You can hear the parts in the song. This will take very little effort.





墙数:4