Let Me Down

拍数: 48

1-2

3&4

5-6

7&8

1-2

3&4

5-6

7&8

1&2

3&4

5-6

7-8

1&

2&

3-4

5&6

7&8

1&2

3-4

5&6

7-8

1-4

5-6

7&8

1-2

3&4

5-6

7&8

级数: Intermediate

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墙数:4

(1-8) R toe touches front & side, R sailor step Scoot Step L-R, Double Step on L

音乐: Giddy On Up - Laura Bell Bundy : (CD: Achin' & Shakin' Album Version)

Touch R toe forward, touch R toe side Cross step R behind L, step L side, step R fwd Small scoot on L toward L diagonal, Small scoot on R towards R diagonal Small scoot on L towards L diagonal x2 (make sure weight ends on L) (9-16) Scoot Step R-L, Double Step on R, L Rock Fwd, Recover on R, Coaster Small scoot on R toward R diagonal, Small scoot on L towards L diagonal Small scoot on R towards R diagonal x2 (make sure weight ends on R) L Rock Fwd, Recover on R Step L back, Step R back next to L, Step L forward (17–24) R Mambo Forward Turn 1/2, Full Turn R, Rock Recover on L, Back Walk R-L Rock forward on R, Recover back on L, Turn1/2 Step R Full Turn TO R,L-R-L(option shuffle) R Rock Recover on L Back Walk R-L (25-32) Paddle 1/4 Turn L x2 ,StompR-L, Heel-Toe-Heel, Heel-Toe-Heel RF 1/4 turn left,(right knee LF Touch to left side) RF 1/4 turn left, (right knee LF Touch to left side) Stomp R-L Feet together twist both heels to right, both toes to right, both heels to R Feet together twist both heels to left, both toes to left, both heels to left (weight on L) (33-40) Chasse Right, Rock Back, Chasse Left, Rock Back Step R to R side. Step L next to R. Step R to R side Rock back on L. Recover onto R Step L to L side. Step R next to L. Step L to L side Rock back on R. Recover onto L. (41-48) Jazz, R heel, Grind turn 1/4 to R down, L Coaster Cross R over L, Recover on L, Step R to side, Step L next to R Step Right heel forward, grind Right heel to Right, down weight on R Step back on L, step R next to Left, step forward on Left TAG 1: At the END of Wall 2 add the following 12 counts (1-8) R toe touches front & side, R sailor step, L toe touches front & side, L sailor step Touch R toe forward, touch R toe side Cross step R behind L, step L side, step R fwd Touch L toe forward, touch L toe side Cross step L behind R, step R side, step L fwd (9-12) R Step turn L 1/2(twice) TAG 2: At the END of Wall 5 add the following 4 counts

(1-4) Jazz

1-4 Cross R over L, Recover on L, Step R to side, Step L next to R







Happy Dancing

http://www.youtube.com/user/IngrindKan