

Take Me Down

COPPER KNOB
BY SHEETS

拍数: 32 墙数: 4 级数: Intermediate
编舞者: Hazel Pace (UK) - August 2010
音乐: Little White Church - Little Big Town : (Single)



Intro: 16 Counts.

(1 – 8) Right Diagonal Walk Left, Right, Rock Recover Side, Repeat to Left Diagonal, 1/4 Turn Right.

- 1 – 2 Walking towards right diagonal on left, right. (1.00).
- 3 & 4 Rock forward on left recover on right, left to left side. (On count 4 face 11.00).
- 5 – 6 Walking towards left diagonal on right, left.
- 7 & 8 Rock forward on right, recover on left, make 1/4 turn right stepping forward on right. (3.00).

(9 – 16) Walk Left, Right, Touch Forward Recover, Touch Side Recover, Step Left Diagonal, 1/2 Turn Left, Sweep, Left Sailor Step.

- 1 – 2 Walk forward on left, right.
- 3&4& Touch left forward, recover on right, touch left to left side, recover on right.
- 5 – 6 Step left forward towards left diagonal, make 1/2 turn left stepping back on right. (9.00).
- &7&8 Sweep left round behind right, put weight on left, right to right side, left to left side slightly forward (9.00).

(17 – 24) Cross & Heel & Cross & Heel & Cross Side, Behind 1/4 Turn Left, Step Forward.

- 1 & 2 Cross right over left, step back on left, touch right heel forward.
- &3&4 Step right beside left, cross left over right, back on right, touch left heel forward.
- &5- 6 Step left beside right, cross right over left, Step left to left side.
- 7 & 8 Right behind left, make 1/4 turn left stepping forward on left, forward on right. (6.00).

(25 – 32) Left Forward Mambo, Right Coaster Step, & Step, 1/2 Pivot, 1/4 Turn Left, Behind &.

- 1 & 2 Rock forward on left, recover on right, step back on left.
- 3 & 4 Step back on right, left beside right, forward on right.
- &5-6 Step left beside right, step forward on right, 1/2 pivot turn left. (12.00).
- 7-8& Make 1/4 turn left stepping right to right side, left behind right, step right to right side. (9.00).

START AGAIN

RESTART. 3rd Sequence facing 6.00.

Dance counts 1 to 8 only leaving out 1/4 turn right to start again at 6.00.

ENDING. 11th Sequence starts at 9.00.

Dance counts 1 to 16 making 1/2 turn left on sweep sailor step, stomp left foot forward.

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