In A Moment Like This

级数: Intermediate

编舞者: Val Parry (UK) - August 2010

音乐: In A Moment Like This - Chanée & n'evergreen

INTRO: 32 counts

拍数: 32

Sec 1: Forward Rock, Shuffle 1/2 Turn, Pivot 1/2 Turn, Kick Ball Step

- 1 2 Rock forward on Right, Recover weight on Left
- 3 & 4 Turning ¼ rt, step forward on Right, Step Left next to Right, Turning ¼ rt, step forward on Right
- 5 6 Step forward on left, Turning ¹/₂ to the left, step forward on Left
- 7 & 8 Kick the Left foot forward, Step down on ball of Left Foot, Step forward on Right [12]

Sec 2: Heel and touch, and side switches, forward rock, coaster step

- 1& 2& Tap Left heel forward, Step Left next to Right, Touch Right toe next to left, Step Right next to Left
- 3& 4& Point Left to side, Step Left next to Right, Touch Right toe to side, Step Right next to Left
 5 6 Rock forward on Left, Recover weight on Right
- 7 & 8 Step back on Left, Step Right next to Left, Step forward on Left [12]

RESTART HERE DURING WALL 7 (You will restart on 6 o'clock)

Sec 3: Mambo 1/2 turn, Mambo forward, Syncopated weave, Cross rock 1/4 turn

- 1 & 2 Rock forward on Right, Recover weight on Left, Turning ½ turn right, step forward on Right
- 3 & 4 Rock forward on Left, Recover weight on Right, Step back on Left
- &5 &6 Step Right next to Left, Cross Left over Right, Step Right to right side, Cross Left behind Right
- &7 &8 Step Right to side, Rock Left over Right, Recover weight on Right, Turning ¼ left, step Left forward [3]
- RESTART HERE DURING WALL 4 (You will restart on 12 o'clock)

Sec 4: Forward Rock, Side rock, Touch & Point and Shuffle Forward, Full Turn, Step forward

- 1& 2& Rock forward on Right, Recover weight on Left, Rock Right to right side, Recover weight on Left
- 3& 4& Touch Right next to Left, Step Right next to Left, Point Left to left side, Step Left next to Right
- 5 & 6 Step forward on Right, Step Left next to Right, Step forward on Right
- 7 & 8 Turning ½ right, step back on Left, Turning ½ right, step forward on Right, Step forward on Left [3]

WEB: http://www.cynon-stompers.co.uk - EMAIL: val@cynon-stompers.co.uk

Music available: http://www.djtunes.com



墙数:4