Mambo



拍数: 0 编数: 0 级数: Phrased High Beginner

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音乐: Mambo - Helena Paparizou



PATERN A

Part 1 (4 walk forward, point touch twice with the left)

1 2 3 4 left forward , right forward, left forward , right forward5 6 left point to the left side, left touch beside the right

7 8 repeat 5 - 6

Part 2 (4 walk backward, point touch twice with the left)

1 2 3 4 left backward, right backward, left back, right back5 6 left point to the left side, left touch beside the right

7 8 repeat 5 - 6

Repeat parts 1 and 2 for a second time.

Part 3 (rock prog. forward, rock to each side left & right)

1 & 2	left rock forward, right on place, left on place
3 & 4	right rock forward, left on place, right on place
5 & 6	left rock to left side, right on place, left beside right
7 & 8	right rock to right side, left on place, right beside left

Part 4 (4walk backward, point & point & point HOP)

1 2 3 4 left backward, right back, left back, right back

5 & 6 left touch to left side, left beside right, right touch to right side,

& 7 right beside left, left touch to the left side

8 left knee hitch

PATERN B

Part 1 (voltas in corner, progressive zigzag)

2	Left on place (facing the left corner)
3 &	right forward, left to the left side turning 1/8 to the right,
4	right on place turning 1/8 to the right (facing the right corner)
5 6	left forward turning $\frac{1}{4}$ to the left , right forward turning $\frac{1}{4}$ right
7 8	left forward turning 1/4 to left, right forward turning 1/8 to right

left forward, right to right side turning 1/8 to the left corner,

Part 2 (point 3x hop, walk 4 steps backward)

1 & 2 left point to left side, left beside right, right point to right side,

& 3 right beside left, left point to the left side

4 left knee hitch

5 6 7 8 left backward, right backward, left back, right back

PATERN C

Part 1 (side - touch and walk forward)

12	left to left side, right touch to right corner
3 4	right to the right side, left touch to left corner.

5 6 7 8 left walk forward , right forward, left forward, right forward

Part 2 (side - touch and walk backward)

1 2 left to left side, right touch to right corner3 4 right to the right side, left touch to left corner

PATERN FOR THE DANCE (GPS PART!)

A-B-CC-A-B-C-A(including the TAG below)-BB-CC

TAG in the PATERN A SKIP the point touch part (5 6 7 8) of the second part when of the repetition, continue part 3 and 4 as usual.

The dance ends with the last step of the partern C.

The demo video is available on youtube :

Link for the video: http://www.youtube.com/watch?v=TQaa2cuwHfg

Have fun with this one!

Lyne Camerlain From Canada