BoogieWo



拍数: 96 墙数: 1 级数: Intermediate

编舞者: Charles Alexander (SWE) - August 2008

音乐: Boogie Wonderland - Earth, Wind & Fire & The Emotions: (4:48)



Intro: 8 seconds intro - 16 counts

INTRO: Danced after 8 seconds from start of track (danced only once) (1 – 4 &) HANDS: UP (RIGHT, LEFT), CROSS ARMS, SLAP, SLAP

1, 2 Put right hand diagonally up (fingers spread), put left hand up (fingers spread)

3, 4 & Cross arms in front of body (left over right), slap right thing with right hand (keep hand there),

slap left thigh with left hand (keep hand there)

(1 - 8) VINE RIGHT, HEEL & CLAP, VINE LEFT, HEEL & CLAP

1, 2, 3, 4 Step right to right side, cross left behind right, step right to right side, dig left heel forward and clap

5, 6, 7, 8 Step left to left side, cross right behind left, step left to left side, dig right heel forward and

clap

(9 - 16) SWING ARM WITH SNAP, HANDS: UP (RIGHT, LEFT), CROSS ARMS, SLAP

1, 2 Swing right arm from left to right (crossing body), snap 3, 4 Swing right arm from right to left (crossing body), snap

Styling: Swivel heels through steps 1-4

(Swivel right heel right, swivel left heel right, swivel left heel left, swivel right heel right)

5, 6 Put right hand diagonally up (fingers spread), put left hand up (fingers spread)

7, 8 Cross arms in front of body (left over right), slap thighs with both hands

DANCE

(1 – 8) JUMP WITH FLICK AND ARMS, CROSS, SIDE, JUMP WITH SWEEP AND ARMS, CROSS, STEP, SLIDE, TOUCH

Jump diagonally forward onto right foot while flicking left foot back and arms goes up above

head (both hands together)

2, 3 Cross left foot over right, step right foot to right side

4 Jump forward onto left foot while swinging right foot from back to front and arms goes from

back to front anti clockwise above head (both hands together)

5, 6, 7, 8 Cross right over left, big step left to left side, slide right to left, touch right beside left

Styling: Arms goes straight out to sides through steps 5-8

(9 - 16) BACK, DRAG, BACK, TOUCH, SILLY RUN

1, 2, 3, 4 Big step back on right, drag left heel past right, step back on left, touch right beside left

Styling: Arms straight out in front of body (like pushing yourself away) through steps 1-2

5, 6, 7, 8 Run forward right, left, right, left (Baywatch-style!)

(17 - 24) JUMP WITH ARMS (X-POSITION), HOLD, HOLD, HOLD, SWING ARMS WITH SNAPS

1, 2, 3, 4 Jump both feet shoulder width while arms goes up and out to diagonals, hold pose 3 counts

5, 6 Swing right arm left crossing body making a semi-circle, snap

7, 8 Swing left arm right crossing body making a semi-circle, snap

Styling: Swivel heels through steps 5-8

(Swivel right heel right, swivel left heel right, swivel left heel left, swivel right heel right)

(25 – 32) HAND MOVEMENT: GREASE STYLE, ZORRO-Z (for the audience it is a Z), TOUCH

1, 2 – 4 Extend right arm straight forward with index finger pointing out, circle arm to 3 o'clock

4, 5, 6 With a fist: Put right hand up to right diagonal, up to left diagonal, down to right diagonal,

down to left diagonal and touch right foot beside left

Styling: Hold your left hand on hip through steps 6-7

(33 - 40) DIAGONAL SHUFFLE BACK: RIGHT, LEFT, RIGHT, LEFT

- 1 & 2 Step diagonally back right, close left beside right, step diagonally back right
- 3 & 4 Step diagonally back left, close right beside left, step diagonally back left

5 & 6, 7 & 8 Repeat steps 1-4

(41 – 48) JAZZ JUMPS FORWARD WITH SNAP

& 1, 2 Angling body to 10.30 jump right forward, cross left over right, snap fingers

3 – 8 Repeat steps & 1, 2 three more times

(49 - 56) STEP, TOUCH WITH SNAKE ROLLS x2, DIAGONAL SHUFFLES FORWARD

- 1, 2 Step right to right side while doing a snake roll to the right, touch left beside right
- 3, 4 Step left to left side while doing a snake roll to the left, touch right beside left
- * 2nd tag will occur here during 5th repetition of the dance.
- 5 & 6 Step diagonally forward right, step left beside right, step diagonally forward right
- 7 & 8 Step diagonally forward left, step right beside left, step diagonally forward left

Styling: "Shooting fingers" through steps 5-8

(57 - 64) JAZZ JUMPS WITH ARMS x 2, DIAGONAL TOE STRUTS WITH ARMS

- & 1, 2 Jump forward on right foot, jump forward on left (shoulder width) making Pulp Fiction "V-shapes" with right hand palm out, hold and finish the V movement
- & 3, 4 Jump forward on left foot, jump forward on right (shoulder width) making Pulp Fiction "V-shapes" with left hand palm out, hold and finish the V movement
- 5, 6, 7, 8 Step diagonally forward on right toe, drop heel, step diagonally forward on left toe, drop heel

Styling: "Sex On The Beach" arms steps 5-8

(Circle fists on each side of hips)

*Restart occurs here at 3rd repetition of the dance.

(65 - 72) DIAGONAL POINTS, ROLLING VINE WITH CLAP

1, 2, 3, 4 While holding left hand on hip point right index finger up to right diagonal, down to left diagonal up to right diagonal, down to left diagonal

Styling: Bounce right heel steps 1-4

5, 6, 7, 8 Turn ¼ right stepping right forward, turn ½ right stepping left back, turn ¼ stepping right to right side, touch left beside right and clap

(73 – 80) ROLLING VINE LEFT, BRUSH, CROSS, BACK, SIDE, TOGETHER

- 1, 2, 3, 4 Turn ¼ left stepping left forward, turn ½ left stepping right back, turn ¼ stepping left to left side, brush right across left
- 5, 6, 7, 8 Cross right over left, step left diagonally back, step right to right side, step left beside right **Styling: Pendulum arms steps 5-8**

(Swing arms in front of and across body: to right side, left side, right side, left side)

(81 - 88) JAZZ JUMPS BACK WITH CLAPS

- & 1, 2 Jump back on right foot, jump back on left (shoulder width), clap
- 3 8 Repeat steps & 1, 2 three more times

(89 – 96) CROSS, BACK, SIDE, TOGETHER, "SEAWEED" (STEP, TOUCH, STEP, TOUCH WITH ARMS)

1, 2, 3, 4 Cross right over left, step left diagonally back, step right to right side, step left beside right **Styling: Pendulum arms steps 1-4**

(Swing arms in front of and across body: to right side, left side, right side, left side)

5, 6, 7, 8 Step right to right side, touch left beside right, step left to left side, touch right beside left

Styling: "Seaweed" through steps 5-8

(Swing arms behind body to the right 5-6, swing arms behind body to the left 7-8)

TAG: Danced during the 2nd repetition after count 88 of the dance and during 5th repetition after count 52.

^{* 1}st tag will occur here during the 2nd repetition of the dance.

(1 – 8) VINE R	IGHT, TOUCH, VINE LEFT, TOUCH
1, 2, 3, 4	Step right to right side, cross left behind right, step right to right side, touch left beside right
5, 6, 7, 8	Step left to left side, cross right behind left, step left to left side, touch right beside left
(9 – 16) ¼ TUF	RN LEFT, TOUCH, ¼ TURN LEFT, TOUCH, VINE RIGHT, TOUCH
1, 2	Turn ¼ left and step right back, touch left beside right
3, 4	Turn ¼ left and step left forward, touch right beside left
5, 6, 7, 8	Step right to right side, cross left behind right, step right to right side, touch left beside right
•	LEFT, TOUCH, ¼ TURN LEFT, TOUCH, ¼ TURN LEFT
1, 2, 3, 4	Step left to left side, cross right behind left, step left to left side, touch right beside left
5, 6	Turn ¼ left and step right back, touch left beside right
7, 8	Turn ¼ left and step left forward, touch right beside left
(25 – 32) SIDE	, BEHIND, ¼ TURN RIGHT, ½ PIVOT RIGHT, ¼ TURN RIGHT, BEHIND, ¼ TURN LEFT
1, 2, 3	Step right to right side, cross left behind right, turn ¼ right and step right forward
4, 5, 6	Step forward on left, pivot ½ turn right, turn ¼ right and step left to left side
7, 8	Cross right behind left, turn ¼ left stepping left forward
(33 – 40) ½ Pľ	VOT LEFT, ¼ TURN LEFT, BEHIND, SIDE, TOUCH, STEP, TOUCH
1, 2, 3, 4	Step forward on right, pivot $\frac{1}{2}$ turn left, turn $\frac{1}{4}$ left and step right to right side, cross left behind right
5, 6, 7, 8	Step right to right side, touch left beside right, step left to left side, touch right beside left.
(41 – 48) ROLI	ING VINE RIGHT, TOUCH WITH CLAP, ROLLING VINE LEFT, TOUCH WITH CLAP
1, 2, 3, 4	Turn $\frac{1}{4}$ right stepping right forward, turn $\frac{1}{2}$ right stepping left back, turn $\frac{1}{4}$ stepping right to right side, touch left beside right and clap
5, 6, 7, 8	Turn ¼ left stepping left forward, turn ½ left stepping right back, turn ¼ stepping left to left

(49 - 52) KICK, OUT, OUT, HOLD, IN, IN

1 & 2, 3 Kick right foot forward, step right foot out, step left foot out (shoulder width), HOLD

& 4 Step right beside left, step left beside right

side, touch right beside left and clap

Order of dance is: 96, 88, Tag, 64 (Restart), 96, 52, Tag, 96 (song will fade at count 88)