Baby Please



拍数: 48 墙数: 2 级数: Intermediate

编舞者: Geri Morrison (UK) - September 2010 音乐: Please Don't Let Me Go - Olly Murs



Starts After, 32 Counts

Dance has 1 Tag and 1 Restart

Sec 1: Cross Rock	, Side Rock	, Behind side Step	, Cross Rock,	Side Rock,	Behind 1/2 Turn Left

1&2& Cross Right Over Left, Recover Weight on Left, Rock Right to Right Side, Rock over Weight

on Left

3&4 Cross Right Behind Left, Recover Weight on Left, Step Right To Right Side,

5&6& Cross Left Over Right, Recover Weight on Right, Rock Left to Left Side, Recover Weight on

Right

7&8 Cross Left Behind Right, Make 1/2 Turn Left taking Weight on Right, Cross Left Over Right (6

0'clock)

Sec 2: Hip Bumps, Rock Behind & Touch, Rock Behind 1/2 Turn Left, Kick Ball Cross

1&2 Bump Hips, Right, Left, Right

3&4 Rock Left behind Right, Recover Weight on Right, Point Left to Left Side

5&6 Rock Left Behind Right, Make 1/2 Turn Left. Taking Weight on Right, Cross Left Over Right,

7&8 Kick Right Forward, Step Right Next to Left, Cross Left over Right,

Sec 3: Back & Cross, Coaster Step, Swivel Heels, 1/2 Turn Right, Hip Bumps

Step Back on Right, Bring Left Beside, Cross Right Over Left,
Step Back on Left, Bring Right beside Left, Step Forward On Left,

5&6 Swivel Both Heels Left Making 1/4 Turn Right, Swivel Both Heels Right Making 1/4 Turn Left,

Swivel both heels Left, making a 1/2 turn right. (Sit Back.weight on left) (6'oclock)

7&8& Bump Hips , Forward, Back, Forward, Back

Sec 4: Coaster Step, Full Turn Forward, Pivot 1/2 Turn, Step Full Turn Forward,

1&2 Step back On Right, Bring Left next To Right, Step Forward on Right

3&4 Triple Full Turn Forward, Right, Stepping, Left, Right, Left.

5&6 Step Forward On Right, Make 1/2 Turn Left Taking Weight On Left, Step Forward On Right,

7&8 Triple Full Turn Forward ,Right, Stepping Left, Right, Left. (12'oclock)

Sec 5: Hip Bumps Forward, Charleston Step 1&2 Bump Hips Forward Right Left Right,

3&4 Bump Hips Forward Left Right Left, (Restart Here)

5-6 Touch Right Forward, Step Back On Right,

7-8 Touch Left Back, Step Forward On Left (12 o'clock)

Sec 6: Paddle 1/2 Turn Left, Rock Out & Cross, Walk ,Left, Right, Run Forward ,Left, Right, Left

1&2& Hitch Right Knee, Point Right to Right Making 1/4 Turn Left. Hitch Right knee ,Point Right to

Right Side Making a 1/4 Turn Left.

3&4 Rock Right to Right Side, Recover Weight on Left, Cross Right Over Left,

5-6 Walk Forward, Left, Right,

7&8 Run Forward , Left, Right, Left . (6 o'clock)

TAG: Choreographers Note: 4 Count Tag at the End Of the 2nd Wall facing 12'oclock

1&2 Mambo Forward, Rock Right Forward Recover Weight on Left, Bring Right beside Left,
 3&4 Mambo Back, Rock Back On Left, Recover Weight on Right, Bring Left beside Right

One Restart after 36 Counts On Wall 5 Facing 12'oclock, Start Again From the Beginning

