Knee Deep



编舞者: Yvonne Anderson (SCO) - September 2010

音乐: Knee Deep (feat. Jimmy Buffett) - Zac Brown Band



Start on the vocal

ROCK BACK, RECOVER, HEEL STRUT TWICE

1-4 Cross/rock right behind left, recover to left, step right heel to side, drop right toes
 5-8 Cross/rock left behind right, recover to right, step left heel to side, drop left toes

BEHIND-TURN 1/4 LEFT-STEP FORWARD HOLD, LEFT SHUFFLE FORWARD

1-4 Cross right behind left, turn ¼ left and step left forward, step right forward, hold (9:00)

5-8 Walk forward stepping left, right, left, hold

STEP-TURN ½ LEFT-STEP FORWARD, HOLD, FULL TURN WITH TOUCHES

1-4 Step right forward, turn ½ left (weight on left), step right forward, hold (3:00)

5-8 Turn ½ right and step left back, touch right together, turn ½ right and step right forward, brush

left forward (3:00)

STEP FORWARD, TOUCH, STEP BACK, KICK, REVERSE LEFT LOCK LEFT, HOLD

1-4 Step left forward, touch right toes behind left, step right back, kick left forward

5-8 Step left back, lock right across left, step left back, hold

During wall 3, dance first 32 then begin again, now facing 9:00

STEP TURN 1/4 RIGHT, TOUCH, SIDE, KICK, BEHIND-SIDE-FORWARD, HOLD

1-4 Turn ¼ right and step right to side, touch left toes beside right instep, step left to side, kick

right to forward right diagonal (6:00)

5-8 Cross right behind left, step left to side, step right forward, hold

SHUFFLE FORWARD, HOLD, KICK-OUT-OUT, HOLD

1-4 Chassé forward stepping left, right, left, hold

5-8 Kick right forward to left diagonal, step right to side, step left to side, hold

The kick out-out move usually hits when he is singing the word high, so add the following hands for fun: Reach both hands up to head height and then spread them out and down, palms up.

RIGHT AND LEFT SAILOR STEPS WITH HOLDS

1-4 Cross right behind left, step left to side, step right to side, hold 5-8 Cross left behind right, step right to side, step left to side, hold

STEP 1/2, STEP 1/4 WITH HOLDS AND FINGER SNAPS

1-4 Step right forward, snap fingers forward, turn ½ left (weight on left), snap fingers forward

(12:00)

5-8 Step right forward, snap fingers forward, turn ¼ left (weight on left), snap fingers forward

(9:00)

REPEAT

TAG

At the end of wall 6 (facing 12:00) add the following 8 counts

ROCK BACK, RECOVER, HEEL STRUT TWICE

1-4 Cross/rock right behind left, recover to left, step right heel to right, drop right toes to floor

(12:00)

5-8 Cross/rock left behind right, recover to right, step left heel to left, drop left toes to floor (12:00)

RESTART Restart during wall 3 after count 32