Saintly March!

级数: Intermediate

编舞者: Shanthie De Mel (AUS) - October 2010

墙数: 2

音乐: When the Saints Go Marching In - The Isley Brothers : (CD: Shout - 2:35)

8 count Intro. Start on the word – " Saints " NOTE TIMING = 110 BPM. No Tags. No Restarts.

1-8 MARCH IN PLACE L- R- L- R, SHUFFLE SIDE, BACK ROCK, RECOVER

- 1,2,3,4 March in place L, R, L, R, with hands joined in prayer position
- 5&6, 7, 8 Step L to left side, close R to L, step L to left side, rock R back diagonally, recover L (12:00)

9-16 MARCH IN PLACE R- L- R- L, SHUFFLE SIDE, BACK ROCK, RECOVER

- 1,2,3,4 March in place R, L, R, L, with hands joined in prayer position
- 5&6, 7, 8 Step R to right side, close L to R, step R to right side, rock L back diagonally, recover R (12:00)

17-24 V-STEP WITH TOE STRUT.

- 1, 2 Step R toe forward on right diagonal, Step R heel down.
- 3, 4 Step L forward the left diagonal, Step L heel down.
- 5, 6 Step R toe back to center, Step R heel down
- 7, 8 Step L toe back to center, Step L heel down. (12:00)

25-32 FORWARD, PIVOT, MARCH L- R, 1/4 TURN RIGHT STEP-SWAY LEFT, SWAY RIGHT

- 1, 2, 3, 4 Step L forward, pivot 1/2 right with weight on R, march forward L, R, (6:00)
- 5, 6 Turning 1/4 right step L to left side with a sway for 2 counts (9:00)
- 7, 8 Sway to right side R in place for 2 counts (9:00)

33-40 CROSS ROCK, RECOVER, SHUFFLE SIDE, BACK ROCK, RECOVER, SCUFF-BALL-STEP

- 1, 2, 3&4 Cross rock L over R, recover R, step L to left side, close R to L, step L to left side
- 5, 6, 7&8 Rock R back diagonally, recover L, scuff R forward, step down on ball of R, step L place (9:00)

41-48 FORWARD ROCK, RECOVER, SHUFFLE BACK, BACK ROCK, RECOVER, SCUFF-BALL-STEP

- 1, 2, 3&4 Rock R forward, recover L, step back R, close L to R, step back R
- 5, 6, 7&8 Rock L back, recover R, scuff L fwd, step down on ball of L, step R in place (9:00)

49-56 FORWARD, PIVOT 1/2 RIGHT, FORWARD-LOCK-FORWARD, FORWARD, TAP, SHUFFLE BACK

- 1, 2, 3&4 Step L forward, pivot 1/2 right with weight on R, step L forward, lock R behind L, step L forward (3:00)
- 5, 6, 7&8 Step R forward, tap L toe behind R heel, step back L, step R together, step L back (3:00)

57-64 REVERSE ROCKING CHAIR, SAILOR RIGHT, 1/4 RIGHT TURN SIDE, SIDE

- 1, 2, 3, 4 Rock back R, recover L, rock forward R, recover L
- 5&6 Step R behind L, step L to left side, step R to right side
- 7, 8 Turning 1/4 right step L to left side, step R to right side (6:00)

Ending: The song ends facing 12:00, 4 counts after the last wall. Hold, with hands in prayer position.

Last Update: 18 Jun 2025





拍数: 64