

Out With The Girls

COPPER KNOB
STEPSHEETS

拍数: 32 墙数: 4
编舞者: GYTAL (USA) - October 2010
音乐: Out With the Girls - Eileen Carey

级数: High Beginner



Alt.music: Love Done Gone by Billy Currington

Start dance 32 counts in at vocal

Monterey Turn, R Step Lock ,R Triple forward

- 1-4 Touch R toe to R, Turn 1/2 on L, step R down & touch L toe to L side then Bring & Step L to R
5-6 Step R forward, cross L Behind
7&8 Step R forward, step L to R, Step R forward

L Rock Recover 1/2 turn L triple, R Rock Recover, 1/4 Turn R Triple

- 9-10 Rock forward on L recover back on R
11&12 Turn 1/2 to L with a L Triple (L,R,L)
13-14 Rock forward on R, recover back on L
15&16 Turn 1/4 to R with R triple (R,L,R)

Cross L over R 1/2 turn to R, Hip Bumps L,R, Toe Heel Toe Heel

- 17-18 Cross L over R, turn 1/2 to R
19&20 Bump hips R,L,R
21-22 Step L toe back, step on L heel
23-24 Step R toe Back, step on R heel

L Diagonal Rock Back, Recover , L Sailor Out Out Touch Hold

- 25-26 Rock Back on L Diagonal, recover forward on R
27&28 Step L behind R, step R to R, step L next to R
29-32 Step R to R, Step L to L, Touch R to L instep Hold

Repeat

Note:

When using "Out With The Girls" fade music out after small pause, about 3 min 15 seconds.
If continuing to end of the music, restart after the short pause.