Hot Summer Salsa



拍数: 32 墙数: 2 级数: Improver Mambo

编舞者: Pepper Siquieros (USA) - November 2010

音乐: Hot Summer Salsa - Jive Bunny & The Mastermixers: (Album: Best Of)



Lot Of Leavin' Left To Do by Dierks Bentley [118 bpm] - Modern Day Drifter Shake Your Booty by K.C. & The Sunshine Band [Best Of]

"Hot Summer Salsa" by Jive Bunny is 6:25. Stop it at 4:50 on Salsa!

SIDE ROCK-RECOVER-FORWARD TWICE, RIGHT ROCK FORWARD & STEP BACK, LEFT ROCK BACK & STEP FORWARD

1&2	Rock right to side, recover to left, step right forward
3&4	Rock left to side, recover to right, step left forward
5&6	Rock right forward, recover to left, step right back
7&8	Rock left back, recover to right, step left forward

RIGHT CROSS ROCK-STEP-SIDE, LEFT CROSS ROCK-STEP-1/4 TURN, RIGHT KICK-STEP-POINT, ROCK FORWARD-BACK-FORWARD & ROLL HANDS UP

1&2	Cross/rock right over left, recover to left, step right to side

3&4 Cross/rock left over right, recover to right, turn ¼ left and step left forward

5&6 Kick right forward, step right together, touch left forward

7&8 Shift weight and bump hips forward onto left foot, bump hips and weight back to right foot,

bump hips & weight forward onto left foot

Styling: roll hands quickly around each other (mashed potato move) and bring them up in front of body stopping above the head

RIGHT ROCK FORWARD-BACK, RIGHT SHUFFLE FORWARD, LEFT ROCK FORWARD-BACK, ½ TURN LEFT SHUFFLE

1-2	Rock right forward, recover to left
3&4	Chassé forward right, left, right
5-6	Rock left forward, recover to right

7&8 Turn ½ left and chassé forward left, right, left

RIGHT ROCK FORWARD-BACK, 1/4 TURN SIDE SHUFFLE, ROCK FORWARD & BACK &, STEP, TOUCH RIGHT

1-2 Rock right forward, recover to left

3&4 Turn ¼ right and shuffle right, left, step right to side

5&6& Rock left forward, recover to right, rock left back, recover to right

7-8 Step left forward, tap right toe next to left instep

REPEAT