Heart Vacancy

级数: Intermediate

编舞者: Michael Lynn (UK) - November 2010

音乐: Heart Vacancy - The Wanted : (CD Single - 3:42)

墙数: 2

(16 count intro, 80bpm)

WALKSx2, STEP-PIVOT 1/2 TURN- STEP, WALKSx2, 1/4 TURN ROCK RECOVER, CROSS ROCK RECOVER

- 1-2 Step forward right, step forward left,
- 3&4 Step forward right, pivot 1/2 turn left, step forward right,
- 5-6 Step forward left, step forward right,
- 7&8& 1/4 turn right while rocking left to left side, recover right, cross rock left over right, recover right.

BASIC NIGHTCLUB, SIDE- BACK CROSS SHUFFLE, SIDE, FRONT CROSS SHUFFLE, ROCK 'N' CROSS

- 1-2&3 Step left to left side, cross rock right behind left, recover left, step right to right side,
- 4&5 & Cross left behind right, step right to right side, cross left behind right, step right to right side,
- 6&7 Cross left over right, step right to right side, cross left over right,
- &8& Rock right to right side, recover left, cross right over left.

TAGLET: On Walls 5&8 dance upto count 7& replace count 8 with a step 1/4 turn left to restart the dance.

1/4 TURN ROCK RECOVER, SMALL JUMP-TOUCH, 1/4 TURN ROCK RECOVER, SPIRAL 3/4 TURN, 3/4 TURNING LOCKSTEP

- 1-2-3 Step left to left side, 1/4 turn right as you rock back, straighten up as you recover,
- &4& Make a 1/4 turn left as you small jump right to right side, touch left beside right, step left to left side,
- 5-6 1/4 turn right as you rock back, straighten up as you recover,
- 7 Pivot a 3/4 spiral turn left (keeping weight on the right foot),
- 8&1 Make 1/4 turn to left stepping forward on left, step right 1/4 turn left, make 1/4 left as you lock left over right.

COASTER SIDE, BASIC NIGHTCLUB, 1/4 TURN LEFT, STEP-PIVOT 3/4 TURN, TOUCH OUT/IN/OUT

- 2&3 Step right back, step left beside right, step right to right side,
- 4&5 Cross rock left behind right, recover right, step left 1/4 turn left,
- 6& Step right forward, pivot 3/4 left,
- 7&8 Touch right to right side, touch right beside left, touch right to right side.

CHOREOGRAPHER's NOTE's

TAGLET: On Walls 5&8 dance upto count 7& replace count 8 with a step 1/4 turn left to restart the dance.





拍数: 32